

CURRICULUM VITAE

Richard A. Gordon

College Address:

Professor Richard A. Gordon
Bard College
30 Campus Road, Annandale-on-Hudson, NY 12504-5000

Home address: 7575 Old Post Road
Red Hook, New York 12571

845-943-9113

Clinical office address: 7575 Old Post Road, Red Hook, New York 12571
Clinical office phone: 845 -758-5080

e-mail: gordon@bard.edu. docgor@gmail.com

PRESENT POSITIONS

Professor Emeritus of Psychology (first appointed in 1973)
Bard College, Annandale-on-Hudson, New York 12504
Retired from full time, 2008. Continued to teach one course per year for most years since 2008.

Clinical Psychologist in Private Practice (since 1980).
Licensed in New York State.
7575 Old Post Road
Red Hook, New York 12571

EDUCATION

B.A., Harvard College, 1962. Majored in physics.
M.A. in Psychology, New School for Social Research, 1969.
Ph.D. in Psychology, New School for Social Research, 1976.

Ph.D. Dissertation, *Cognitive Functioning in Children at Risk for Schizophrenia, as a Function of Perinatal and Environmental Factors*. Sarnoff A. Mednick, advisor.

TEACHING EXPERIENCE

Professor of Psychology, Bard College, 1973-2008. Directed entire program in clinical psychology over that period, including all courses in the areas of personality, psychopathology, and psychotherapy, advising and mentoring of students, including 125 undergraduate Senior Theses.

Courses taught included

Abnormal Psychology
 Theories of Personality
 Current Treatments of Psychological Disorders
 Psychopathology: Biological and Social Influences
 New Directions in Psychopathology
 Eating Disorders: Clinical and Cultural Considerations
 The Medication of Distress: The New Biological Psychiatry and Its Critics

Classical Approaches to Psychotherapy
 Introduction to Clinical Psychology and Assessment
 Developmental Psychology
 The Biographical Foundations of Personality Theory
 The Experience and Interpretation of Madness
 Hypnosis, Dreams and Mind-Altering Drugs
 Schizophrenia
 Culture and Psychopathology
 From Hysteria to Anorexia: Women and Psychopathology
 Obsessive-Compulsive Disorder: The History of Psychiatric Paradigms

I have **mentored of over 120 Senior Theses**, with content ranging from empirical studies of clinical issues in the student community, reviews of research literature on selected topics such as specific psychotherapeutic and psychopharmacological treatments.

College Service

Faculty Evaluator	Fall, 2005
Institutional Review Board	Spring, 2005.
Faculty Evaluation Review Committee	1999-2000.
Chair of Psychology Program	1996-2003
Chair of and participation on numerous search committees, within and outside of psychology.	1980-present
Chair of committee to reformulate college curriculum	1993-4
Committee to formulate Bard Research Council	1997-99
Faculty Evaluation Committee	1991-2, 1999-2000

AAUP Executive Committee	Numerous Terms
Research and Travel Committee	Numerous terms
Release Time Committee	Numerous terms
Faculty Senate	1982-3

CLINICAL EXPERIENCE

Training: Internship (Fellow) in Psychology and Psychiatry, 1972-1973, New York Hospital/Cornell Medical Center, Payne Whitney Psychiatric Clinic, New York, New York. Extensive supervised experience in psychological evaluations, treatment of psychiatric inpatients, individual and family therapy with outpatients. Worked on specialty unit for the treatment of mood disorders, conducting evaluations, research, ward management, and inpatient group therapy. Presentations at small-group clinical conferences and grand rounds. Attended numerous training seminars in psychotherapy and psychopharmacology.

Clinical Psychologist, Hudson Valley Center for Counseling and Education, 1978-1980

New York State Licensed Psychologist, 1979-present.

Private Practice of Clinical Psychology, 1980 - present

Individual practice in clinical psychology in Red Hook, New York. General practice of psychotherapy with children, adolescents and adults. Particular areas of interest include treatment of eating disorders, anxiety and mood disorders, addiction problems, developmental problems in children, adolescents, and young adults, marital therapy and family problems. Work directly with local supervision groups, and in consultation with physicians, psychopharmacologists and nutritionists. Extensive specialized experience in the treatment of patients with eating disorders, utilizing relevant therapeutic modalities (cognitive-behavioral, interpersonal-psychosocial and family therapies). Experience with adolescent depression and adult bipolar disorder. Have worked with adults and children with attention-deficit hyperactivity disorder. Experience working on managed care panels. Consultations with parents of adults with major mental illness.

Consultation and Supervision

Conducted inservice training on the treatment of eating disorders in a variety of local venues (see below). Have conducted individual supervision of area professionals. Served as consultant to Eating Disorder Committee and

Multidisciplinary Team for the Treatment of Eating Disorders, United States Military Academy, West Point, New York, 2000-2005.

PUBLICATIONS: BOOKS

Eating Disorders and Cultures in Transition. (coauthors Mervat Nasser and Melanie Katzman). London, Brunner-Routledge, 2001. Author of Chapter 1 entitled "Eating Disorders East and West: A Culture-Bound Syndrome Unbound"). An edited collection of internationally known authors and commentators from a spectrum of disciplines on the increase in eating disorders worldwide. This is the first publication of its kind, with authors from several different countries and disciplines. Paperback edition published in 2002. Reviewed in *The British Journal of Clinical Psychology* and

Eating Disorders: Anatomy of a Social Epidemic (2nd edition). Oxford: Blackwell Publishers, 2000. Italian Edition, Raffeollo Cortina, Paperback edition, 2001. This is a greatly expanded second edition of *Anorexia and Bulimia: Anatomy of a Social Epidemic*, which was first published in 1990. It includes approximately 100 new pages of material and references on topics ranging from new research in the psychopathology of eating disorders, the epidemiology of eating disorders, new findings in research on obesity, the politics of images in the media, and other topics. This book received an extensive review in *Eating Disorders: Journal of Treatment and Prevention* and *European Eating Disorders Review*.

Anorexia and Bulimia: Anatomy of a Social Epidemic. Basil Blackwell, 1990. Subsequently published in French (Editions Stock, 1991), Hebrew (Ach Publications, 1991), Italian (Raffeollo Cortina, 1994), Spanish (Editorial Ariel, 1995). This book aimed at a synthesis of the extensive clinical and research literature that argues for the impact of sociocultural factors on eating disorders. It aimed at a new formulation of the traditional concept from cultural psychiatry of "culture-bound syndrome." The book was reprinted six times in English and was favorably reviewed in *Contemporary Psychology*, *The Lancet*, *American Journal of Psychiatry*, *Contemporary Sociology*, *The Psychology of Women Quarterly* and *Sex Roles*.

BOOKS IN PREPARATION

The Medication of Distress: The New Psychiatry and Its Discontents. Under contract with Wiley-Blackwell Publications. This book will address the growing power and influence of psychotropic medications in dealing with human behavioral problems, as well as the associated biological view of the person that derives from the explosion of research on neurotransmitters,

genetics and brain imaging. A principal focus will be the social and ethical implications of the resulting view of the person.

A Modern History of Eating Disorders. Under contract with Wiley-Blackwell Publications. In this book, I am writing a history of eating disorders that will focus on the emergence of these disorders as problems of central importance in the late 20th century. While capable accounts of the early history of eating disorders have been written, to date no-one has put into perspective the revolution in thinking that came about in the clinical conception of these disorders in the 1960s and 70s and the explosion of research that followed in the 1980s and 90s. This book will be based on interviews of leading figures in the field worldwide.

PUBLICATIONS: ARTICLES, CHAPTERS and ABSTRACTS

“The History of Eating Disorders,” chapter in Brownell, K.D. and Walsh, B.T. *Eating Disorders and Obesity: A Comprehensive Handbook, 3rd Edition*, Guilford Publications, 2015.

“The History of Bulimia Nervosa.” In Levine, M. and Smolack, L. *The Wiley Handbook of Eating Disorders*, Chapter 3 (Volume 1, pages 25-38) Wiley-Blackwell,

“Outpatient Treatment of Anorexia Nervosa Following Weight Restoration.” Chapter 11 in Maine, M., McGilley, B.H. and Bunnell, D. (2010). *Treatment of Eating Disorders: Bridging the Research-Practice Gap*. Elsevier. 2010.

“Drugs Don’t Talk: Do Medication and Biological Psychiatry Contribute to Silencing the Self?” Chapter 3 in Jack, D. and Ali, A. (eds). *Silencing the Self Across Cultures : Depression and Gender in the Social World*. Oxford University Press. (2010).

Towards a Clinical Ethnography. (2004). *Culture, Medicine and Psychiatry*, 28, 603-6 (Special Issue: New Global Perspectives on Eating Disorders).

“The Ups and Downs of Bulimia Nervosa” (Abstract). *International Journal of Eating Disorders*, 35 (May, 2004), 395.

“The Global Epidemiology of Eating Disorders: An Update.” (Abstract). *International Journal of Eating Disorders*, 35 (May, 2004), 410.

“Concepts of Eating Disorders: An Historical Reflection.” Chapter 1 in Hoek, H.W., Treasure, J.L. and Katzman, M.A. *The Integration of Neurobiology into the Treatment of Eating Disorders*. New York: John Wiley, 1998.

Eating Disorders and the Media (1995). *Eating Disorders: Journal of Treatment and Prevention*, 3, 282-286.

A Sociocultural Interpretation of the Current Epidemic of Eating Disorders. In Blinder, B., Chaitin, B.F. and Friedman, E. (eds.). *The Eating Disorders: Medical and Psychological Bases of Diagnosis and Treatment*. Great Neck, N.Y: PMA Publications, 1989 (Chapter 11)..

Bulimia: A Sociocultural Interpretation. In Whitaker, L.C., and Davis, W.N. *The Bulimic College Student: Evaluation, Treatment and Prevention*. New York: Hayworth Press, 1989 (Chapter 4).

Diagnostic Discrepancies: A Reply to North and Cadoret. *Archives of General Psychiatry*, 39 (1982), 112-13.

Magic, Ritual and Symptom: A Critique the Psychoanalytic Concept of the Primitive. *Bard College Faculty Seminars*, 1978.

PUBLICATIONS: REVIEWS

Review of Pope, H., Phillips, K.A., and Olvidaria, R. *The Adonis Complex: The Secret Crisis of Male Body Obsession*. New York: The Free Press, 2000. *Eating Disorders: Journal of Treatment and Prevention*, forthcoming.

Review of Silverstein, B. and Perlick, D. *The Cost of Competence: Why Inequality Causes Depression, Eating Disorders, and Illness in Women*. *Eating Disorders: Journal of Treatment and Prevention*, 6, 1998, 191-194.

Review of Fallon, P., Katzman, M. and Wooley S. *Feminist Perspectives on Eating Disorders* (Guilford Press, 1994), in *Eating Disorders: Journal of Treatment and Prevention*, 2, 1994, 168-73.

Review of J.J. Brumberg, *Fasting Girls: The Emergence of Anorexia Nervosa as a Modern Disease* (Harvard University Press, 1988), in *International Journal of Eating Disorders*, 8, 1989, 377-83.

Film Reviews. *A Season in Hell*, in *Eating Disorders:Journal of Treatment and Prevention*, 1, 1993, 183-94; *Catherine: A Story of Anorexia and Tragedy*, in *Eating Disorders: Journal of Treatment and Prevention*, 1,1993, 186-186; *Skin Deep*, in *Eating Disorders: Journal of Treatment and Prevention*, 2, 1994, 372-74. *Fat Chance: The Big Prejudice*, in *Eating Disorders: The Journal of Treatment and Prevention*, 3, 1995, 276-78.

PRESENTATIONS

Papers presented at professional conferences:

“The New Mania: The Pathologization and Medicalization of Euphoria.” Presented at Bard-Skidmore Conference on the the concept of happiness in 19th and early 20th century studies, April, 2009.

“Is There an Epidemic of Eating Disorders?” Presented at International Conference on Eating Disorders, Montreal, Canada, April, 2005.

“The Ups and Downs of Bulimia Nervosa.” Presented at Academy for Eating Disorders Conference, Orlando, Florida, May, 2004.

“The Global Epidemiology of Eating Disorders: An Update.” Presented at Academy for Eating Disorders Conference, Orlando, Florida, May, 2004

"The Emergence of Bulimia Nervosa and the Obesity Epidemic: Historical Coincidence or Causal Relationship?" Presented at the annual Meetings of the Eating Disorders Research Society, Ravello, Italy, October, 2003.

"The Global Epidemiology of Eating Disorders." Presented at Academy for Eating Disorders Conference, Boston, Massachusetts in May, 2002.

"Are Eating Disorders Declining in College Students?: A Partial Replication." Presented at Eight International Conference on Eating Disorders, New York, N.Y. 1998. Presented with Natasha Neal, Bard College, class of 1997.

"Representations of Eating Disorders in the Media." Invited paper at symposium on "Eating Disorders and the Media," Eastern Psychological Association, Boston, Massachusetts, April, 1995.

"Soviet Studies of Eating Disorders." Fourth International Conference on Eating Disorders, New York, N.Y., 1990.

"Crossing Cultural Boundaries: The Effects of Cultural Assimilation on Eating Disorders," Fourth International Conference on Eating Disorders, New York, N.Y., 1990.

"Eating Disorders as Ethnic Disorders," Second International Conference on Eating Disorders, New York, N.Y., April, 1986.

Grand Rounds and Conference Workshops

“New Transcultural Perspectives on Eating Disorders.” Organized and chair of workshop presented at annual International Conference on Eating Disorders, Baltimore, Maryland, May, 2007.

“Perspectives from the Continent: The Treatment of Eating Disorders in France and Italy.” Clinically oriented workshop presented at the International Conference on Eating Disorders, Montreal, Canada, May 2005 (with Drs. Michel Botbol and Giovanni M. Ruggiero).

Chair of meeting of Transcultural Special Interest Group, Academy for Eating Disorders, at International Conference on Eating Disorders, Montreal, Canada, April, 2005. Invited speakers from Japan and Mexico.

Chair of meeting of Transcultural Special Interest Group, Academy for Eating Disorders, at International Conference on Eating Disorders, Orlando, Florida, May, 2004.

"Anorexia and Bulimia: Phenomenology, Epidemiology and Cultural Determinants of Disorders of Weight and Shape." Grand Rounds Lecture at Maine Medical Center, Portland, Maine, Feb. 26, 1999.

"Eating Disorders: Epidemiology and Cultural Determinants." Grand Rounds Lecture at Albert Einstein Medical College, New York, N.Y., December 10, 1998.

"Crossing Cultural Boundaries: A Multicultural, Multigenerational Approach to Eating Disorders," workshop at 13th Annual Conference on Eating Disorders, National Anorexic Aid Society, Columbus, Ohio, 1993.

"Cross-cultural and Intergenerational Issues in Eating Disorders," Renfrew Center Conference on Eating Disorders, Philadelphia, Pennsylvania, 1993.

"Eating Disorders: Current Perspectives on Etiology and a Sociocultural Perspective." Grand Rounds Lecture at Maine Medical Center, Portland Maine, 1991.

"A Transcultural Perspective on Eating Disorders," Eighth Annual Conference, National Anorexic Aid Society, Columbus Ohio, 1989.

"Treatment of Eating Disorders," IBM Personal Performance Consultants, 1990.

Invited Lectures and Faculty Seminars

“New Insights into the Chemistry of Depression.” Invited lecture in “Science on the Edge” series, Bard College, Reem-Kayden Center, Bard College, November, 2008.

“From Free Association to Paxil: How We Got Here.” Faculty Seminar, Bard College, February, 2008.

“Towards a Modern History of Eating Disorders.” Invited lecture to the clinical faculty of Lund University Hospital, Lund, Sweden, June, 2007.

“Fat Discrimination: The Hidden Toll.” Invited lecture in “Race Matters” series at Bard College, October, 2005.

Invited commentary on American Psychiatric Association Practice Guidelines for Eating Disorders, June, 2005.

“Eating Disorders: A Problem of Vital Contemporary Interest.” Presented to open audience at Bard College in conjunction with National Eating Disorders Awareness Week, February, 2005.

“The Health and Social Consequences of Overweight and Obesity.” Lecture to open audience at Bard College, April, 2005.

"Cultural Dimensions in Eating Disorders." Invited lecture to Hudson Valley Eating Disorders Coalition, Poughkeepsie, New York, April 2003.

"Shape, Weight and Identity: Cultural Forces in Eating Disorders." Invited Lecture for the Honors Program at Marist College, September, 2002.

"Cultural Perspectives on Eating Disorders, Revisited". Bard College Faculty Seminar, May, 2000.

"Eating Disorders as Ethnic Disorders." Bard College Faculty Seminar, Spring, 1986.

“Schizotaxia, Schizotypy, and Schizophrenia Revisited: The Status of An Etiological Hypothesis 20 years later. Presented at Graduate Colloquium, SUNY at New Paltz, October, 1981.

“Magic, Ritual and Symptom: A Critique of the Psychoanalytic Concept of the Primitive.” Bard College Faculty Seminar, 1978,

Numerous guest lectures at Bard College in such courses as Psychology of Gender, Feminist Philosophy and First-Year Seminar.

Training lectures in educational and clinical venues

“Outpatient Treatment of Eating Disorders Following Weight Restoration.”
Clinical lecture and workshop presented at annual U.S. Psychiatric and Mental Health Congress, Las Vegas, Nevada, November, 2011.

Eating Disorders: A Problem of Our Times. Presented to full staff conference of Red Hook Central School District, October, 2003.

Clinical Issues in Eating Disorders. Presented to Dutchess County Family Practice Teaching Seminar, March 2000.

“Eating Disorders: A Discussion with Faculty and Students,” presented at Rhinebeck Central School, February, 1995.

"Treatment of Eating Disorders." Seminar with Bard College counseling staff, 1993.

“Current Issues in the Diagnosis and Treatment of Eating Disorders,” presented to the medical staff of Northern Dutchess Hospital, February, 1993.

"The Treatment of Bulimia Nervosa," Ulster County Mental Health, Kingston, New York, 1989.

"An Update on Eating Disorders," Ulster County Mental Health, Kingston, New York, 1987.

"Bulimia in Adolescents: Epidemiology, Social Context, and Treatment," 30th Annual Conference, Astor Home for Children, "Children and Adolescents Under Stress in Today's World," 1984.

"Personality Types in Bulimia," training seminar for mental health personell at Astor Home for Children, Rhinebeck, New York, 1984.

CLINICAL CONFERENCES AND CONTINUING EDUCATION

Harvard Medical Conference on Updates in Neuropsychiatry, Boston, Massachusetts, November, 2016

International Conference on Eating Disorders, Austin, Texas, May, 2012.

International Conference on Eating Disorders, Baltimore, Maryland, May, 2007.

Bipolar Disorder Conference, Harvard Medical School CME, November, 2006.

American Psychiatric Association Convention, Atlanta, Georgia, May, 2005.

International Conference on Eating Disorders, Montreal, Canada, April, 2005.

Albert Einstein Conference on Advances in the Treatment of Bipolar Disorders, March 26, 2005.

International Conference on Eating Disorders, Orlando, Florida, May 2004.

Annual Meeting of Eating Disorders Research Society, Ravello, Italy, October, 2003.

U.S. Psychiatric and Mental Health Congress, Orlando, Florida, November, 2003.

Albert Einstein Annual Conference on Depression, December, 2002.

U.S. Psychiatric and Mental Health Congress, Las Vegas, Nevada, November, 2002.

Academy for Eating Disorders Conference, Boston, Massachusetts, May, 2002.

Academy for Eating Disorders Conference, New York, N.Y., May 2000.

Eighth International Conference on Eating Disorders, New York, New York, 1998.

The Biological Self. Harvard Medical School Conference on Biological Determinants of Psychiatric Disorders, January, 1998.

Protocol-Based Psychotherapy, Harvard Medical School, June, 1997.

Conference on Bipolar Disorder, New York Hospital-Cornell Medical Center, November, 1996.

Seventh International Conference on Eating Disorders, New York, N.Y., 1996.

Annual Conference on Couple's Therapy, Harvard Medical School, 1994.

Sixth International Conference on Eating Disorders, New York, N.Y., 1994.

Annual Conference on Couple's Therapy, Harvard Medical School, 1992.

Annual Conference on Addiction, Harvard Medical School, 1992.

GRANTS

Bard College Research Fund Grant for project to conduct interviews for book on the history of eating disorders, 2005-6 (\$7900).

Bard College Research Fund Grant for work on two new books, 2003-4. (\$12,950).

Numerous small research and travel grants from Bard College, 1975-present.

National Endowment of Humanities, Summer Fellowships, 1978,1980.

PROFESSIONAL ORGANIZATIONS AND ACTIVITIES

Member, American Psychological Association.

Member and Fellow, Academy for Eating Disorders. Chair, Transcultural Special Interest Group.

Member and Honorary Fellow, American Psychiatric Association.

Member, American Association of University Professors.

Reviewer of Book Proposals and Manuscripts for Oxford University Press, Blackwell Publications, Stanford University Press and W.W. Norton. Books published on my recommendation and review have included Silverstein, B. and Perlick, D. *The Cost of Competence: Why Inequality Causes Depression, Eating Disorders and Illness in Women* (Oxford University Press, 1995) and Ogden, J. *The Psychology of Eating* (Blackwell, 2003).

Consulting Editor, *Eating Disorders: Journal of Treatment and Prevention*.

Honors and Awards

Elected to Honorary Fellowship, American Psychiatric Association, December, 2004. Award presented at Convocation of Distinguished Fellows, American Psychiatric Association, Atlanta, Georgia, May, 2005. Cited for contributions to analysis of the social and cultural issues in the rise of biological psychiatry, as well a research and teaching contributions that will lead to improved treatment for people with eating disorders.

Named as Fellow of the Academy of Eating Disorders, April, 2005. Recognized for contributions in the areas of clinical services, research and writing, and education.

Outstanding Civilian Service Medal, United States Army, for consultation to Eating Disorders Multidisciplinary Team and Cadet Health Promotion and

Wellness Council at the United States Military Academy at West Point, 2000-2005.