

ACADEMIC APPOINTMENTS

2018–Present Assistant Professor of Psychology at [Bard College](#)

EDUCATION

2018 Ph.D. in Clinical Psychology at [The University of Texas at Austin](#)
2017–2018 APA-Accredited Pre-Doctoral Clinical Internship at [The University of Vermont](#)
2009 B.A. with Majors in Psychology and English at [Haverford College](#)

Languages: Fluent in English and Spanish

Programming languages: R & Python

RESEARCH

Research Interests: Cognitive bases of depression, negative affect, and attention; open science practices; statistical modeling of cognition; attentional control of memory and emotion; emotional resilience and regulation; psychophysiological methods of understanding depression and stress; exploring novel ways to use the internet and mobile technology to carry out psychological science.

Peer-Reviewed Journal Articles

1. **Dainer-Best, J.**, Lee, H-Y., Shumake, J.D., Yeager, D., & Beevers, C.G. (2018). Determining optimal parameters of the Self Referent Encoding Task: A large-scale examination of self-referent cognition and depression. *Psychological Assessment*.
<https://doi.org/10.1037/pas0000602>
2. **Dainer-Best, J.**, Disner, S.G., McGeary, J.E., Hamilton, B.J., & Beevers, C.G. (2018). Negative self-referential processing is associated with genetic variation in the serotonin transporter-linked polymorphic region (5-HTTLPR): Evidence from two independent studies. *PLOS ONE*, 13(6): e0198950. <https://doi.org/10.1371/journal.pone.0198950>
3. Vrijssen, J.N., **Dainer-Best, J.**, Witcraft, S., Papini, S., Hertel, P., Beevers, C.G., Becker, E.S., & Smits, J.A.J. (2018). Effect of cognitive bias modification-memory on depressive symptoms and autobiographical memory bias: Two independent studies in high-ruminating and dysphoric samples. *Cognition and Emotion*. <https://doi.org/10.1080/02699931.2018.1450225>
4. Marchetti, I., Everaert, J., **Dainer-Best, J.**, Loeys, T., Beevers, C.G., & Koster, E. (2018). Specificity and overlap of attention and memory biases in depression. *Journal of Affective Disorders*, 225, 404–412. <https://doi.org/10.1016/j.jad.2017.08.037>
5. **Dainer-Best, J.**, Trujillo, L.T., Schnyer, D.M., & Beevers, C.G. (2017). Sustained attentional engagement is associated with increased negative self-referent decision-making in major depressive disorder. *Biological Psychology*, 129, 231–241.
<https://doi.org/10.1016/j.biopsycho.2017.09.005>

6. Jha, A.P., Morrison, A.B., **Dainer-Best, J.**, Parker, S., Rostrup, N., & Stanley, E.A. (2015). Minds “at attention”: Mindfulness training curbs mind-wandering in high stress cohorts. *PLOS ONE*, 10(2): e0116889. <https://doi.org/10.1371/journal.pone.0116889>
7. Compton, R.J., Arnstein, D., Freedman, G., **Dainer-Best, J.**, & Liss, A. (2011). Cognitive control in the inter-trial interval: Evidence from EEG alpha power. *Psychophysiology*, 48, 583-90. <https://doi.org/10.1111/j.1469-8986.2010.01124.x>
8. Compton, R.J., Arnstein, D., Freedman, G., **Dainer-Best, J.**, Liss, A., & Robinson, M.D. (2011). Neural and behavioral measures of error-related cognitive control predict daily coping with stress. *Emotion*, 11, 379-90. <https://doi.org/10.1037/a0021776>
9. Compton, R.J., **Dainer-Best, J.**, Fineman, S.L., Freedman, G., Mutso, A., & Rohwer, J. (2010). Anxiety and expectancy violations: Neural response to false feedback is exaggerated in worriers. *Cognition and Emotion*, 24, 465-479. <https://doi.org/10.1080/02699930802696856>

Manuscripts Submitted for Publication

1. **Dainer-Best, J.**, Shumake, J.D., & Beevers, C.G. (2018). Positive imagery training increases positive self-referent cognition in depression. <https://doi.org/10.17605/OSF.IO/7XKHG>
2. Beevers, C.G., Mullarkey, M., **Dainer-Best, J.**, Stewart, R.A., Labrada, J., McGeary, J.E., & Shumake, J.D. (2018). Association between negative cognitive bias and depression: A symptom-level approach.

Refereed Conference Presentations

1. **Dainer-Best, J.**, Schnyer, D.M., Trujillo, L.T., & Beevers, C.G. (2017, April). Neural correlates of self-referent cognition in depressed adults. In **J. Dainer-Best** (Chair), *Cognitive neuroscience of depression: Examination across processes*. Symposium conducted at the meeting of the Anxiety and Depression Association of America, San Francisco, CA.
2. Beevers, C.G., **Dainer-Best, J.**, & Maddox, W.T. (2014, November). Cognitive bias modification improves reward processing in depression. Talk presented at the Association for Behavioral and Cognitive Therapies Annual Meeting, Philadelphia, PA.

Posters

1. **Dainer-Best, J.**, & Beevers, C.G. (2018, May). Online, cued positive imagery training reduces negatively biased self-referent cognition in depression. Poster session presented at the Association for Psychological Science Annual Meeting, San Francisco, CA.
2. Caffey, K.D., Hsu, K.J., Foulser, A., **Dainer-Best, J.**, Shumake, J.D., & Beevers, C.G. (2018, May). Parsing apart the residual impact of childhood trauma: Relations between childhood trauma type and attentional biases to negative stimuli in depressed adults. Poster session presented at the Association for Psychological Science Annual Meeting, San Francisco, CA.
3. **Dainer-Best, J.** & Beevers, C.G. (2016, May). Negative self-referential information processing is consistently predictive of depressive symptoms. Poster session presented at the Association for Psychological Science Annual Meeting, Chicago, IL.
4. **Dainer-Best, J.**, McGeary, J.E., Maddox, W.T., & Beevers, C.G. (2014, November). Serotonin transporter polymorphism (5-HTTLPR) is associated with biased processing of negative self-referent information. Poster session presented at the Association for Behavioral and Cognitive Therapies Annual Meeting, Philadelphia, PA.

5. **Dainer-Best, J.**, McGeary, J.E., Maddox, W.T., & Beevers, C.G. (2014, April). Genetics and depressive symptomatology predict response in a self-referential encoding task. Poster session presented at the Anxiety and Depression Association of America Annual Meeting, Chicago, IL.
6. **Dainer-Best, J.**, Stanley, E.A., Elliman, T., Schaldach, J.M., Rostrup, N., & Jha, A.P. (2011, August). The influence of mindfulness training on mind wandering. Poster session presented at the Society for Neuroscience Annual Meeting, Washington, D.C.
7. Inge, A.P., Mundy, P.C., Henderson, H.A., Kojkowski, N.M., Schwartz, C.B., Zahka, N.E., Hileman, C.M., Coman, D.C., & **Dainer-Best, J.** (2007). Anterior EEG asymmetry and social symptoms in HFA children. Poster session presented at the International Meeting for Autism Research [IMFAR].
8. Zahka, N.E., Coman, D.C., Inge, A.P., Kojkowski, N.M., Hileman, C., Schwartz, C.B., **Dainer-Best, J.**, Weisman de Mamani, A., Henderson, H., & Mundy, P.C. (2007). Parental attitudes, family factors, and the role of attribution in the emotional and social development of higher functioning children with autism. Poster session presented at the International Meeting for Autism Research.
9. Zahka, N. E., Coman, D. C., Inge, A.P., Kojkowski, N.M., Hileman, C., Schwartz, C.B., **Dainer-Best, J.**, Weisman de Mamani, A., Henderson, H., & Mundy, P.C. (2007). Parental attitudes, family factors, and the role of attribution in the emotional and social development of higher functioning children with autism. Poster session presented at the Society for Research in Child Development [SRCD] Biennial meeting.

Departmental Talks

1. **Dainer-Best, J.** (2018, May). Introduction to R. Two-day workshop at UVM Medical Center.
2. **Dainer-Best, J.** (2017, October). Thinking about thinking in depression. Talk at the Vermont Center for Children, Youth, and Families.

FELLOWSHIPS & AWARDS

2012–2017	College of Liberal Arts Graduate Fellowship from the University of Texas at Austin
2016–2017	Hixon Graduate Fellowship in Statistics, UT-Austin
2017	Ira Iscoe Fellowship, UT-Austin

PROFESSIONAL EXPERIENCE

Mentorship

2012–2017	Mood Disorders Laboratory Mentored 6 undergraduate student researchers
2015–2016	UT-Austin Honors Program Mentored 2 undergraduate students completing undergraduate honors theses
2014, 2015, 2016	UT-Austin SURE (Summer Undergraduate Research Experience) Mentored 3 undergraduate students from underrepresented minority groups in research design and preparation for graduate school

Teaching Experience

- 2018 Assistant Professor of [Psychology at Bard College](#)
“Introduction to Psychological Science”; “Adult Abnormal Psychology”
- 2017 Teaching Assistant in the [UT-Austin Department of Psychology](#)
“Abnormal Psychology SMOC”: an online undergraduate synchronous massive online course taught by Dr. Kirsten Bradbury
- 2016 Assistant Instructor in the UT-Austin Department of Psychology
“Data Analysis with R”: a graduate course on statistical programming
- 2014, 2015, 2016 Teaching Assistant in the UT-Austin Department of Psychology
“Clinical Practicum I and II”: a graduate course taught by Drs. Jasper Smits & Martita Lopez

PROFESSIONAL SERVICE & AFFILIATIONS

- Member, Association for Psychological Science
- Member, Association for Behavioral and Cognitive Therapies
- Member, Anxiety and Depression Association of America
- Graduate student member, FII Faculty Search Committee, Department of Psychology & Dell Medical School, The University of Texas at Austin, 2016-2017
- Member, Graduate Diversity Committee, University of Texas Department of Psychology, 2013-2017