

**NATALIE MARKOWITZ WITTLIN**

Department of Psychology, Princeton University  
natalie.wittlin@princeton.edu; nwittlin@bard.edu  
www.nataliemarkowitzwittlin.com

**ACADEMIC POSITIONS**

- 2024 – Present      **Bard College**  
Assistant Professor, Psychology Program
- 2021 – 2024      **Princeton University**  
Postdoctoral Research Fellow, Department of Psychology

**EDUCATION**

- 2015 – 2021      **Yale University**  
*Ph.D.* in Social Psychology (awarded 2021)  
*M.Phil.* in Social Psychology (awarded 2019)  
*M.S.* in Social Psychology (awarded 2017)  
Certificate of College Teaching Preparation (awarded 2021)
- 2005 – 2009      **Barnard College, Columbia University**  
*Bachelor of Arts* (Summa Cum Laude)  
Major: Psychology; Minor: Political Science

**GRANTS, AWARDS, & HONORS**

- Center for Health and Wellbeing Postdoctoral Research Grant, Princeton School of Public and International Affairs, 2023 (\$9,696)
- Ruth L. Kirschstein National Research Service Award (NRSA) Individual Postdoctoral Fellowship (F32), National Institute on Minority Health and Health Disparities, National Institutes of Health, 2022 (\$204,558)
- William Kessen Teaching Award, Yale Psychology Department, 2020  
Presented annually to the graduate student who “best exemplifies the spirit, vitality, and commitment to teaching for which Professor Kessen was known”
- American Psychological Association Dissertation Research Award, 2019 (\$1,000)  
Proposal title: “Men act masculine, women look feminine: Incorporating physical appearance into the study of prescriptive gender stereotypes”
- Society for the Psychological Study of Social Issues Grant-In-Aid, 2019 (\$932.75)  
Proposal title: “Men act masculine, women look feminine: Investigating the physical femininity imperative”
- Yale Graduate Student Assembly Conference Travel Award, 2019
- Society for the Psychological Study of Social Issues Graduate Student Travel Award, 2019
- Summer Institute in Social and Personality Psychology, 2019
- Graduate Student Poster Award, Society for Personality and Social Psychology, 2019  
Poster title: “Medical school experiences and bias against lesbian and gay individuals among early-career physicians: A longitudinal study”
- Jane Olejarczyk Award, Yale Psychology Department, 2017

Presented annually to the graduate students who have “contributed most significantly to the quality of graduate student life in the Department.”

Fund for Lesbian and Gay Studies, Yale University Research Grant, 2015 (\$3,447)

Proposal title: “Effects of visual gender ambiguity on dehumanization.”

Phi Beta Kappa, inducted 2009

## JOURNAL ARTICLES

**Wittlin, N. M.**, Gallagher, N. M., Atwood, S., & Olson, K. R. (2024). Mental health during medical transition in a US and Canadian sample of early socially transitioned transgender youth. *Journal of Adolescent Health*. Advance online publication. <https://doi.org/10.1016/j.jadohealth.2024.10.023>

**Wittlin, N. M.**, Gallagher, N. M., & Olson, K. R. (2024). Gender identity importance in cisgender and gender diverse adolescents in the US and Canada. *British Journal of Developmental Psychology*, Advance online publication. <https://doi.org/10.1111/bjdp.12485>

**Wittlin, N. M.**, LaFrance, M., Dovidio, J. F., & Richeson, J. A. (2024). US cisgender women’s psychological responses to physical femininity threats: Increased anxiety, reduced self-esteem. *Journal of Experimental Social Psychology*. <https://doi.org/10.1016/j.jesp.2023.104547>

**Wittlin, N. M.**, Kuper, L. E., & Olson, K. R. (2023). Mental health of transgender and gender diverse youth. *Annual Review of Clinical Psychology*, 19, 207-232. <https://doi.org/10.1146/annurev-clinpsy-072220-020326>

Meadows, A., Barreto, M., Dovidio, J. F., Burke, S. E., **Wittlin, N. M.**, Herrin, J., van Ryn, M., & Phelan, S. M. (2021). Signaling hostility: The relationship between witnessing weight-based discrimination in medical school and medical student wellbeing. *Journal of Applied Social Psychology*. <https://doi.org/10.1111/jasp.12847>

Howansky, K., **Wittlin, N. M.**, Bonagura, D., & Cole, S. (2021). Him, her, them, or none: Misgendering and degendering of transgender individuals. *Psychology and Sexuality*, 13(4), 1026-1040. <https://doi.org/10.1080/19419899.2021.1978529>

Dyrbye, L., West, C. P., Herrin, J., Dovidio, J., Cunningham, B., Yeazel, M., Lam, V., Onyeador, I. N., **Wittlin, N. M.**, Burke, S. E., Hayes, S., Phelan, S. M., & van Ryn, M. (2021). A longitudinal study exploring learning environment culture and subsequent risk of burnout among resident physicians overall and by gender. *Mayo Clinic Proceedings*, 96(8), 2168-2183. <https://doi.org/10.1016/j.mayocp.2020.12.036>

Wang, K., Burke, S., Przedworski, J., **Wittlin, N.**, Onyeador, I., Dovidio, J., Dyrbye, L., Herrin, J., & van Ryn, M. (2020). A comparison of depression and anxiety symptoms between sexual minority and heterosexual medical residents: A report from the medical trainee CHANGE study. *LGBT Health*, 7(6), 332-339. <https://doi.org/10.1089/lgbt.2020.0027>

Onyeador, I., **Wittlin, N.**, Burke, S., Dovidio, J., Perry, S., Hardeman, R., Dyrbye, L., Herrin, J., Phelan, S., & van Ryn, M. (2020). The value of interracial contact for reducing anti-Black bias

- among non-Black physicians: A CHANGE study report. *Psychological Science*, 31(1), 18-30.  
<https://doi.org/10.1177/0956797619879139>
- Dyrbye, L., Herrin, J., West, C. P., **Wittlin, N. M.**, Dovidio, J. F., Hardeman, R., Burke, S. E., Phelan, S., Onyeador, I. N., Cunningham, B., & van Ryn, M. (2019). Association of racial bias with burnout among resident physicians. *JAMA Network Open*, 2, e197457.  
<https://doi.org/10.1001/jamanetworkopen.2019.7457>
- Wittlin, N. M.**, Dovidio, J. F., Burke, S. E., Przedworski, J. M., Herrin, J., Dyrbye, L., Onyeador, I. N., Phelan, S. M., & van Ryn, M. (2019). Contact and role modeling predict bias against lesbian and gay individuals among early-career physicians: A longitudinal study. *Social Science & Medicine*, 238, 112422. <https://doi.org/10.1016/j.socscimed.2019.112422>
- Phelan, S. M., Burke, S. E., Cunningham, B. A., Perry, S. P., Hardeman, R. M., Dovidio, J. F., Herrin, J., Dyrbye, L., White, R. O., Yeazel, M. W., Onyeador, I. N., **Wittlin, N. M.**, Harden, K., & van Ryn, M. (2019). The effects of racism in medical education on students' decisions to practice in underserved or minority communities. *Academic Medicine*, 74, 1178-1189.  
<https://doi.org/10.1097/ACM.0000000000002719>
- Dyrbye, L. N., Burke, S. E., Hardeman, R. R., Herrin, J., **Wittlin, N. M.**, Yeazel, M., Dovidio, J. F., Cunningham, B., White, R. O., Phelan, S. M., Satele, D. V., Shanafelt, T. D., & van Ryn, M. (2018). Association of clinical specialty with symptoms of burnout and career choice regret among US resident physicians. *Journal of the American Medical Association*, 320, 1114-1130.  
<https://doi.org/10.1001/jama.2018.12615>
- Wittlin, N. M.**, Dovidio, J. F., LaFrance, M., & Burke, S. E. (2018.) About face: Memory for transgender versus cisgender targets' facial appearance. *Journal of Experimental Social Psychology*, 78, 77-92. <https://doi.org/10.1016/j.jesp.2018.04.009>
- Dyrbye, L. N., **Wittlin, N. M.**, Hardeman, R. R., Yeazel, M., Herrin, J., Dovidio, J. F., Burke, S. E., Cunningham, B., Phelan, S. M., Shanafelt, T. D., & van Ryn, M. (2018.) A prognostic index to identify the risk of developing depression symptoms among US medical students derived from a national, four-year longitudinal study. *Academic Medicine*, 94, 217-226.  
<https://doi.org/10.1097/ACM.0000000000002437>
- Reddy, M., Meyer, T., **Wittlin, N.**, Miller, I., & Weinstock, L. (2017). Bipolar I disorder with comorbid PTSD: Demographic and clinical correlates in a sample of hospitalized patients. *Comprehensive Psychiatry*, 72, 13-17. <https://doi.org/10.1016/j.comppsy.2016.08.007>
- Wilson, P. A., Valera, P., Martos, A. K., **Wittlin, N. M.**, Muñoz-Laboy, M., & Parker, R. G. (2015). Contributions of qualitative research in informing HIV/AIDS interventions targeting Black MSM in the United States. *The Journal of Sex Research*, 53, 642-654.  
<https://doi.org/10.1080/00224499.2015.1016139>
- Muñoz-Laboy, M., Murray, L. R., **Wittlin, N.**, Wilson, P. A., Terto, V., & Parker, R. (2011). Divine targets: Youth at the centre of Catholic and Pentecostal responses to HIV and AIDS in Brazil. *Culture, Health & Sexuality: An International Journal for Research, Intervention and Care*, 13, 657-668.  
<https://doi.org/10.1080/13691058.2011.565519>

Muñoz-Laboy, M., Murray, L., **Wittlin, N.**, & Parker, R. (2011). Beyond faith-based organizations: Using comparative institutional ethnography to understand religious responses to HIV and AIDS in Brazil. *American Journal of Public Health*, 101, 972-978. <https://doi.org/10.2105/AJPH.2010.300081>

Wilson, P. A., **Wittlin, N. M.**, Muñoz-Laboy, M., & Parker, R. (2011). Ideologies of Black churches in New York City and the public health crisis of HIV among Black men who have sex with men. *Global Public Health*, 6(S2), S227-S242. <https://doi.org/10.1080/17441692.2011.605068>

## PRESENTATIONS & POSTERS

**Wittlin, N. M.**, Gallagher, N. M., & Olson, K. R. (February 2023). Gender identity importance in cisgender and gender diverse adolescents in the US and Canada. Presentation at Gender Pre-Conference, Society for Personality and Social Psychology Annual Convention, Atlanta, GA.

**Wittlin, N. M.**, Gallagher, N. M., & Olson, K. R. (April 2022). Gender identity importance in cisgender, transgender, and nonbinary children. Poster at Cognitive Development Society conference, Madison, WI.

**Wittlin, N. M.** (February 2021). Psychological responses to physical gender stereotypicality threats. Presentation at Virtual Gender Pre-Conference, Society for Personality and Social Psychology Annual Convention.

**Wittlin, N. M.** (February 2020). Femininity threat: Women's responses to challenges to their physical gender typicality. Poster at Society for Personality and Social Psychology Annual Convention, New Orleans, LA.

**Wittlin, N. M.** (June 2019). Femininity threat: Challenging physical gender typicality produces anxiety in women. Presentation at Society for the Psychological Study of Social Issues Annual Conference, San Diego, CA.

**Wittlin, N. M.** (March 2019). Femininity threat: How do women react when their physical gender typicality is challenged? Presentation at Five College Conference, New York, NY.

**Wittlin, N. M.**, Dovidio, J. F., Burke, S. E., Przedworski, J. M., Herrin, J., Dyrbye, L., Onyeador, I. N., Phelan, S. M., & van Ryn, M. (February 2019). Medical school experiences and bias against lesbian and gay individuals among early-career physicians: A longitudinal study. Poster at Society for Personality and Social Psychology Annual Convention, Portland, OR.

Burke, S. E., Onyeador, I. N., **Wittlin, N. M.**, & van Ryn, M. (February 2019). Intergroup contact, training experiences, and explicit and implicit bias among medical residents. Presentation at Society for Personality and Social Psychology Annual Convention, Portland, OR.

Burke, S. E., **Wittlin, N. M.**, Perry, S. P., & van Ryn, M. (July 2018). Intergroup contact and role modeling as longitudinal predictors of implicit and explicit attitudes toward Black and

gay/lesbian people among medical providers in training. Presentation at International Society of Political Psychology Annual Conference, San Antonio, TX.

**Wittlin, N. M.** (March 2018). Expectations and memory for transgender vs. cisgender individuals' physical appearances. Presentation at Gender Pre-Conference, Society for Personality and Social Psychology Annual Convention, Atlanta, GA.

**Wittlin, N. M.** (May 2017). On memory & misgendering: How labels affect recognition of visually ambiguous faces. Presentation at Five College Conference, New York, NY.

**Wittlin, N. M.**, LaFrance, M., & Dovidio, J. F. (May 2017). Not a (wo)man like me: Subtle misgendering of transgender targets. Poster at Association for Psychological Science Annual Convention, Boston, MA.

LaFrance, M., & **Wittlin, N. M.** (May 2017). (Un)natural (Wo)man: Beliefs about the naturalness of transgender individuals. Poster at Association for Psychological Science Annual Convention, Boston, MA.

Burke, S., **Wittlin, N.** (co-presenter), & LaFrance, M. (January 2017). Gender miscategorization and prejudice against trans people. Presentation at Society for Personality and Social Psychology Annual Convention, San Antonio, TX.

**Wittlin, N.**, Dovidio, J., & LaFrance, M. (January 2017). Memory following disclosure: Responses to transgender job applicants. Poster at Society for Personality and Social Psychology Annual Convention, San Antonio, TX.

Reddy, M., **Wittlin, N.**, Meyer, T., & Weinstock, L. (November 2015). Clinical differences including history of suicide attempt between inpatients with bipolar disorder with and without comorbid PTSD. Presentation at the 31st Annual Meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

Goldenthal, H., **Wittlin, N.**, Reddy, M., & Kaplow, J. (November 2015). Coping strategy as a predictor of psychological outcomes in recently bereaved, middle-aged spouses. Poster at the 31st Annual Meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

Wilson, P.A., Dennis, N., Cook, S., Grisham, K., Boone, M., **Wittlin, N. M.**, Valera, P., & Muñoz-Laboy, M. (October 2012). Traumatic life experiences and HIV vulnerability among young Black men who have sex with men. Presentation at the 140th Annual American Public Health Association Conference, San Francisco, CA.

Wilson, P. A., Dennis, N., Cook, S., Grisham, K., Morgan, A., Boone, M., Valera, P. A., **Wittlin, N. M.**, & Muñoz-Laboy, M. (July 2012). The additive effects of traumatic life events on HIV risk, substance use, and mental health among young Black men who have sex with men in the United States. Poster at the XIX International AIDS Conference, Washington, DC.

Wilson, P. A., **Wittlin, N.**, Valera, P., Muñoz-Laboy, M., & Parker, R. G. (November 2010). The unofficial "don't ask, don't tell" policy as an exclusionary force within the Black church.

Presentation at the Annual Society for the Scientific Study of Sexuality Conference, Las Vegas, NV.

Wilson, P., **Wittlin, N.**, Valera, P., Dennis, N., Muñoz-Laboy, M., & Parker, R. (November 2010).

Conceptions of homosexuality among parishioners and pastors in Black churches in NYC.

Presentation at the 138th Annual American Public Health Association Conference, Denver, CO.

## POPULAR PRESS ARTICLES

**Wittlin, N. M.** (2018). What happens when trans people's identities are denied? *Psychology Today*.

<https://www.psychologytoday.com/us/blog/masculin-f-minin/201810/what-happens-when-trans-peoples-identities-are-denied>

## INVITED TALKS

Social Psychology Program Speaker Series, November 2022

The University of North Carolina at Chapel Hill

Talk title: Gendered physical appearance

Research Experience and Lunch (REAL), March 2022

Linfield University

Talk title: Beyond overt transphobia: Stereotyping and misgendering of transgender women and men

## COMMUNITY TALKS

PRISM Employee Resource Group Research Talk Series, October 2022 (with Ashley E. Jordan)

Boys Town National Research Hospital

Talk title: Childhood Gender Diversity

Stonebridge at Montgomery Retirement Community Event Series, June 2023 (with Ashley E. Jordan)

Talk title: Youth Gender Diversity

## TEACHING EXPERIENCE

### *Courses Developed at Bard College*

Instructor, Trans Topics in Psychology (PSY 373), Psychology Program, Bard College, Annandale-on-Hudson, NY, Spring 2025.

Instructor, Tutorial: Gender Research (PSY T200 NW), Psychology Program, Bard College, Annandale-on-Hudson, NY, Spring 2025.

Instructor, Introduction to Psychological Science (PSY 141), Psychology Program, Bard College, Annandale-on-Hudson, NY, Fall 2024; Spring 2025.

Instructor, Psychology of Gender (PSY 225), Psychology Program, Bard College, Annandale-on-Hudson, NY, Fall 2024.

***Other Courses***

Teaching Fellow, Introduction to Social Psychology, Department of Psychology, Yale College, Yale University, New Haven, CT, Spring 2021.

Teaching Fellow, Research Methods in Clinical Psychology, Department of Psychology, Yale College, Yale University, New Haven, CT, Spring 2020.

Teaching Fellow, Psychology and the Good Life, Department of Psychology, Yale College, Yale University, New Haven, CT, Spring 2018.

Teaching Fellow, Introduction to Psychology, Department of Psychology, Yale College, Yale University, New Haven, CT, Fall 2017.

Teaching Fellow, Research Methods in Psychology, Department of Psychology, Yale College, Yale University, New Haven, CT, Spring 2017.

Teaching Fellow, Psychology of Gender, Department of Psychology & Women's, Gender, and Sexuality Studies Program, Yale College, Yale University, New Haven, CT, Fall 2016.

Teacher, 7<sup>th</sup> Grade English Language Arts, IDEA College Preparatory Edinburg, Edinburg, TX, 2012-2013; 2013-2014.

Teaching Assistant, Psychology of Learning Lab, Department of Psychology, Barnard College, Columbia University, New York, NY, Fall 2008.

***Invited Course Lectures***

Psychology 250a, Yale University, April 2020  
Course Title: Research Methods in Clinical Psychology  
Lecture topic: Research design: Single case

Psychology 342 / Women's, Gender, and Sexuality Studies 315, Yale University, November 2018  
Course Title: Psychology of Gender; Instructor: Marianne LaFrance  
Lecture topic: Psychological responses to trans people

Psychology 414 / Women's, Gender, and Sexuality Studies 466, Yale University, February 2018  
Course Title: Psychology of Gender Images; Instructor: Andrea Vial  
Lecture topic: Psychological consequences of gender images: Objectification

Psychology 342 / Women's, Gender, and Sexuality Studies 315, Yale University, November 2017  
Course Title: Psychology of Gender; Instructor: Marianne LaFrance  
Lecture topic: Psychological responses to trans people

Psychology 342 / Women's, Gender, and Sexuality Studies 315, Yale University, November 2016  
Course Title: Psychology of Gender; Instructor: Marianne LaFrance

Lecture topic: Psychological responses to trans people

### ***Tutoring***

Writing Partner, Yale College Writing Center, Yale University, New Haven, CT, September 2016 – May 2017; January 2017 – May 2020

### **SENIOR PROJECT SUPERVISION AT BARD COLLEGE**

\*indicates empirical project

Rose Mancuso (Spring 2025). The confidence to cope: Self-efficacy as a predictor of symptom severity and use of alternative strategies to formal treatment among adults with trichotillomania. (Poster selected for presentation at the annual Board of Trustees meeting.)\*

Adelaide Braunhill (Fall 2024 – Spring 2025). From damsels to directors: Does identification with Disney princesses predict agency and self-esteem?\*

Olivia Weeks (Fall 2024 – Spring 2025). “Finding out where I feel comfortable.” A thematic analysis of nonbinary and gender diverse college students’ experience of gender and masculinity.\*

### **MENTORSHIP & ADVISING**

Fall 2024 – present Undergraduate student advising (16 in F24, 17 in S25)

Fall 2024 – present Bard College Moderation Boards (4 in F24, 11 in S25)

Fall 2024 – present Bard College Senior Project Boards (10 in F24, 17 in S25)

### **CONSULTING**

Institute for Equity & Inclusion Sciences, 2018

### **SERVICE**

Coordinator, Andrew J. Bernstein '68 Memorial Lecture Series, Fall 2024 – present.

Elected Member, Psychology Department Committee for Racial Equity & Justice, August 2020 – July 2021

Organizer & Facilitator, Teaching Seminars Learning Community, December, 2019

Co-Chair (1-year term limit), Psychology Department Committee for Diversity & Inclusiveness, Yale University, August 2017 – August 2018

Member, Psychology Department Committee for Diversity & Inclusiveness, Yale University, October 2016 – July 2017; September 2018 – June 2020

Facilitator, First-Year Counselor Inclusion & Belonging Training, April, 2018

Member, Psychology Colloquium Committee, Yale University, Summer 2016 – Spring 2018

Member, Psychology Interview Weekend Committee, Yale University, Fall 2015, 2016

Ad hoc reviewer:

*American Psychologist; International Journal of Eating Disorders; Journal of Adolescence and Youth; Journal of Applied Social Psychology; Journal of Bisexuality; Journal of Experimental Psychology: General; Journal of*



*Experimental Social Psychology; Journal of Homosexuality; The Journal of Sex Research; Personality and Social Psychology Bulletin; Psychological Science; Psychology of Sexual Orientation and Gender Diversity; Routledge Open Research; Sex Roles; Sexuality Research and Social Policy; Social Psychological and Personality Science; Social Science and Medicine; Social Development; Time-Sharing Experiments for the Social Sciences*