

RESEARCH TOPICS

- Social contexts of trauma recovery/nonrecovery, social support processes
- Posttraumatic psychopathology
- Technology-facilitated clinical research & intervention design

EDUCATION

- | | |
|------|--|
| 2021 | Doctor of Philosophy, Clinical Psychology
University of Vermont (APA accredited)
Research Mentor: Matthew Price, PhD |
| 2021 | Predoctoral Intern, Clinical Psychology
Veteran's Affairs Palo Alto Healthcare System
National Center for PTSD
Research Mentor: Eric Kuhn, PhD |
| 2012 | Bachelor of Arts, English
Barnard College of Columbia University |

ACADEMIC APPOINTMENTS

- | | |
|----------------|--|
| 2026 – present | Assistant Professor (Tenure-Track)
Bard College, Department of Psychology |
| 2023 – 2026 | Assistant Professor (Tenure-Track)
State University of New York at Geneseo, Department of Psychology |
| 2021 – 2023 | T32 Postdoctoral Research Scholar (T32MH019938)
Stanford University School of Medicine
Co-PIs: Alan Schatzberg, MD and Rachel Manber, PhD
Research Sponsor: Debra L. Kaysen, PhD |

GRANTS

- | | |
|------|--|
| 2026 | Incentive Grant (PI)
<i>Measuring Frailizing Cognitions: Development and Preliminary Validation of a New Self-Report Scale</i>
Award: \$1500 |
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Institution: SUNY College at Geneseo

- 2025 Incentive Grant (PI)
Decoding Support: Piloting Natural Language Processing to Understand Social Support in Text Communication Among College Students
Award: \$1500.00
Institution: SUNY College at Geneseo

PROPOSED

- 2023 K99/R00 NIH Pathway to Independence Award (PI; withdrawn)
Understanding the Dyadic Relation Between Social Support and Posttraumatic Stress Symptoms Using State Space Analysis
Faculty Sponsor: Debra Kaysen, Ph.D.
Award Requested: \$346,058.00
Institution: Stanford University School of Medicine
Score: 39
- 2019 F31 National Research Service Award Predoctoral Fellowship (PI; withdrawn)
Relational Risk Factors for Posttraumatic Stress Disorder in Traumatic Injury Patients
Faculty Sponsor: Matthew Price, Ph.D.
Award Requested: \$7,102.00
Institution: University of Vermont
Score: 27, 18%ile

COMPLETED

- 2024 Dolores Gallagher-Thompson & Larry Wolford Thompson Caregiver Research and Practice Fund (Consultant)
Elucidating the Neural Hallmarks of PTSD Caregiver Anxiety with Portable fNIRS Neuroimaging
PI: Stephanie Balters
Award Requested: \$20,000.00
Institution: Stanford University School of Medicine
- 2024 Incentive Grant Award (PI)
Examining the Experiences of Social Support Providers After Trauma
Award: \$3000.00
Institution: SUNY College at Geneseo
- 2018 UVM Department of Psychological Science Small Grant (PI)
Examining Experiences of Support Providers in the Aftermath of Traumatic Injury
Total Direct Costs: \$2000
Institution: University of Vermont

PEER-REVIEWED PUBLICATIONS¹

27. Phillips, H., Parrinello, S., **van Stolk-Cooke, K.** (2026). Anger vs. Anxiety Accommodation: Differential Associations with Informal Support Provider Experiences After Trauma. *European Journal of Trauma & Dissociation*, 100679.
26. **van Stolk-Cooke, K.**, Thurston, N., Sanchez, B., Benjamin, L., Merrilees, C. (in press). Associations of Relationship Satisfaction and Partner PTSD Symptoms with the Social Support Provision Experiences of Concerned Significant Others. *Psychological Trauma: Research, Theory, Practice & Policy*. Advance online publication.
25. **van Stolk-Cooke, K.**, Bayley, J., Phillips, H., Benjamin, L., Kaysen, D. (2026). Complexities of Posttrauma Caregiving: Associations of Partner Depression and Survivor PTSD Symptoms with Caregiving Appraisals. *Psychological Trauma: Research, Theory, Practice & Policy*.
24. **van Stolk-Cooke, K.**, Brier, Z., Pearson, C., Price, M., Kaysen, D. (2024). The Predictive Association Between Social Support, Communal Mastery, and Response to Culturally Adapted Cognitive Processing Therapy Among Native American Women. *Journal of Traumatic Stress*, 1-10.
23. Price, M., Hidalgo, J. E., Kim, J., Legrand, A. C., Brier, Z. M. F., **van Stolk-Cooke, K.**, Hughes Lansing, A., Contractor A. (2024). The Cyborg Method: A method to identify fraudulent responses from crowdsourced data. *Computers In Human Behavior*, 157, 108253.
22. **van Stolk-Cooke, K.**, Price, M., Dyar, C., Zimmerman, L., Kaysen, D. (2024). Associations of Past-Year Overall Trauma, Sexual Assault and PTSD with Social Support for Young Adult Sexual Minority Women. *European Journal of Psychotraumatology*, 15 (1).
21. **van Stolk-Cooke, K.**, Legrand, A., Brier, Z., Price, M. (2023). A Preliminary Evaluation of the Supportive Other Experiences Questionnaire: Integrating the Perspectives of Social Support Providers After Traumatic Injury. *Journal of Affective Disorders*, 335, 440-449.
20. Sullivan, A., Brier, Z., Legrand, A., **van Stolk-Cooke, K.**, Jovanovic, T., Norrholm, S., Garavan, H., Forehand, R., Price, M. (2023). The Enduring Importance of Parenting: Caregiving Quality and Fear-Potentiated Startle in Emerging Adults with a Child Maltreatment History. *Child Maltreatment*, 28(1), 97-106.

¹ Total publications: 27. First-authorships: 8.

19. **van Stolk-Cooke, K.**, Wielgosz, J., Hallenbeck, H. W., Chang, A., Rosen, C., Owen, J., & Kuhn, E. (2023). The PTSD Family Coach App in Veteran Family Members: Pilot Randomized Controlled Trial. *JMIR Formative Research*, 7(1), e42053.
18. Kaysen, D., **van Stolk-Cooke, K.**, Kaminer, D., Greene, C., Lopez-Castro, T., Kane, J. (2022). Comorbid posttraumatic stress disorder and alcohol use disorder in low- and middle-income countries: A narrative review. *Cambridge Prisms: Global Mental Health*, 10, e5, 1-9.
17. Price, M., Brier, Z., Legrand, A., **van Stolk-Cooke, K.**, Peck, K., Adams, Z. (2022). Doomscrolling During COVID-19: The Negative Association Between Daily Social and Traditional Media Consumption and Mental Health Symptoms During the COVID-19 Pandemic. *Psychological Trauma: Theory, Research, Practice and Policy*, 14(8), 1338-1346.
16. Price, M., Hahn, S., Juliano, A., Fani, N., Brier, Z., Legrand, A., **van Stolk-Cooke, K.**, Charaani, B., Potter, A., Peck, K., Allgaier, N., Garavan, H. (2021). Examination of the Association Between Exposure to Childhood Abuse and Brain Structure in Young Adults: A Machine Learning Analysis. *Neuropsychopharmacology*, 46(11), 1888-1894.
15. **van Stolk-Cooke, K.**, Price, M., Brown, A., Maheux, A., Parent, J. & Forehand, R. (2018). Crowdsourcing trauma: Evaluation of the representativeness of psychopathology present in a trauma-exposed sample recruited via Mechanical Turk. *Journal of Traumatic Stress*, 31(4), 549-557.
14. Price, M., **van Stolk-Cooke, K.**, Brier, Z. M., & Legrand, A. C. (2018). mHealth solutions for early interventions after trauma: improvements and considerations for assessment and intervention throughout the acute post-trauma period. *mHealth*, 4.
13. Price, M., Lancaster, C. L., Gros, D. F., Legrand, A. C., **van Stolk-Cooke, K.**, & Acierno, R. (2018). An examination of social support and PTSD treatment response during Prolonged Exposure. *Psychiatry*, 81(3) 258-270.
12. Price, M., **van Stolk-Cooke, K.**, Legrand, A. C., Brier, Z. M., Ward, H. L., Connor, J. P., Gratton, J., Freeman, K. & Skalka, C. (2018). Implementing assessments via mobile during the acute posttrauma period: Feasibility, acceptability and strategies to improve response rates. *European Journal of Psychotraumatology*, 9(sup1), 1500822.

11. Muench, F., **van Stolk-Cooke, K.**, Kuerbis, A.N., Stadler, G., Baumel, A., McKay, J., Morgenstern, J. (2017). A randomized controlled pilot trial of different mobile messaging interventions for problem drinking. *PLoS One*, 12(2), e0167900.
10. Kuerbis, A., **van Stolk-Cooke, K.**, Muench, F. (2017). An exploratory study of mobile messaging preferences by age: Middle aged and older adults compared to younger adults. *Journal of Rehabilitation and Assistive Technologies Engineering*, 4, 2055668317733257.
9. Kuerbis, A., **van Stolk-Cooke, K.**, & Muench, F. (2017). Characteristics of online treatment seekers interested in a text messaging intervention for problem drinking: Adults 51 and older versus middle-aged and younger adults. *Mental Health and Addiction Research*, 2(2), 1-6.
8. Mirhashem, R., Allen, H. C., Adams, Z. W., **van Stolk-Cooke, K.**, Legrand, A., Price, M. (2017). The intervening role of urgency on the association between childhood maltreatment, PTSD, and substance-related problems. *Addictive Behaviors*, 69, 98-103.
7. Price, M., **van Stolk-Cooke, K.**, Ward., H. L., O'Keefe, M., Gratton, J., Skalka, C., Freeman, K. (2017). Tracking post-trauma psychopathology using mobile applications: A usability study. *Journal of Technology in Behavioral Science*, 1-8.
6. Price, M., Szafranski, D. D., **van Stolk-Cooke, K.**, & Gros, D. F. (2016). Investigation of abbreviated 4 and 8 item versions of the PTSD Checklist 5. *Psychiatry Research*, 239, 124-130.
5. **van Stolk-Cooke, K.**, Hayes, M., Baumel, A., & Muench, F. (2015). Understanding text-based persuasion and support tactics of concerned significant others. *PeerJ*, 3, e1151.
4. Price, M., **van Stolk-Cooke, K.** (2015). Examination of the interrelations between the factors of PTSD, Major Depression, and Generalized Anxiety Disorder in a heterogeneous trauma-exposed sample using DSM 5 criteria. *Journal of Affective Disorders*, 186, 149-155.
3. Hayes, M., **van Stolk-Cooke, K.**, & Muench, F. (2015). Understanding Facebook use and the psychological effects of use across generations. *Computers in Human Behavior*, 49, 507-511.
2. Muench, F., **van Stolk-Cooke, K.**, Morgenstern, J., Kuerbis, A.N., Markle, K. (2014). Understanding messaging preferences to inform development of goal-directed behavioral interventions. *Journal of Medical Internet Research*, 6(2), e14.

1. Benson, A.L., Eisenach, D., Abrams, L. & **van Stolk-Cooke, K.** (2014). Stopping Overshopping: A preliminary randomized controlled trial of group therapy for compulsive buying disorder. *Journal of Groups in Addiction and Recovery*, 9(2), 97-125.

UNDER REVIEW

Note: names in italics are mentored student coauthors

1. *Sanchez, B., Merrilees, C., Thurston, N., Benjamin, L., Phillips, H., Bayley, J.,* **van Stolk-Cooke, K.** (under review). Retrospective Examination of Posttraumatic Support Provision Experiences Among Close Significant Others.
2. **van Stolk-Cooke, K., Bayley, J.,** Merrilees, C. (under review). Profiles of Posttrauma Social Support Providers: Identifying Adaptive vs. Strained Supporters & Predictors of Profile Membership.
3. Salim, S. R., Janson, M. A., **van Stolk-Cooke, K.,** Kaysen, D., & Dyar, C. (under review). Prospective associations between trauma, PTSD, and substance use among sexual minority women and gender diverse people.

IN PREPARATION

1. Bayley, J., Gravelin, C., **van Stolk-Cooke, K.,** Merrilees, C. (in preparation). Victim Blaming and Support Provision Among Close Significant Others Posttrauma.
2. Thurston, N., **van Stolk-Cooke, K.** (in preparation). Intended vs. Enacted Support: The Role of Advice in Trauma Recovery from the Support Provider Perspective.

PRESENTATIONS

Note: names in italics are mentored student coauthors

CONFERENCE PRESENTATIONS

10. Khin, P. P., Fondacaro, K., **van Stolk-Cooke, K.,** Iyiewuare, P. & Moring, J. (September, 2026). *When the Threat is Real: Rethinking Evidence-Based Trauma Treatment in Contexts of Ongoing Crisis*. [Panel]. 42nd Annual Meeting of the International Society for Traumatic Stress Studies, San Antonio, TX.
9. **van Stolk-Cooke, K.** & Merrilees, C. (June, 2026). Profiles of Informal Support Providers Posttrauma: Identifying Strained Supporters & Predictors of Profile Membership. In K. van Stolk-Cooke (chair), *Resilience in Context: Interpersonal and Collective Mechanisms of Social Support for Traumatic Stress*. [Symposium]. 11th World

Confederation of Cognitive and Behavioural Therapies Congress, San Francisco, CA.

8. Price, M., Brier, Z. M. F., Legrand, A., **van Stolk-Cooke, K.**, Hidalgo, J. E., Ha, J., Noble, N. C., Carbrey, E., Kim, J., Peck, K., Dodds, P. S., & Danforth, C. M. (November, 2025). COVID-19 media diets: Rapid protocol adaptation to understand influence of social media on COVID-19 information at the start of the pandemic. In K. Rohan (chair), *COVID Crashed My Clinical Study!: Surprising Results, New Paths, and Lessons in Resilience*. [Symposium] 59th Annual Meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
7. **van Stolk-Cooke, K.**, Price, M., Dyar, C., Zimmerman, L., Kaysen, D. (November, 2024). Associations of Past-Year Sexual Assault and PTSD on Access to Social Support among Young Adult Sexual Minority Women. In K. van Stolk-Cooke (chair), *The Social Contexts of Sexual Assault Recovery: Harnessing Social Support and Mitigating Social Risks After Sexual Assault*. [Symposium]. 40th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.
6. **van Stolk-Cooke, K.**, Brier, Z., Pearson, C., Price, M., Kaysen, D. (November, 2023). The Predictive Relationship Between Social Support, Communal Mastery, and Successful Engagement in Culturally Adapted Cognitive Processing Therapy Among Native American Women. In K. van Stolk-Cooke (chair), *Strengths Over Symptoms: Considering Indicators of Resilience Among Marginalized, Trauma-Exposed Groups*. [Symposium]. 57th Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
5. **van Stolk-Cooke, K.** (May, 2022). The Development and Validation of the Supportive Other Experiences Questionnaire (SOEQ). In Z. Zong (chair), *The Relationship between Social Interactions and Psychological Distress after Trauma: Recent Advances in Mapping and Measurement*. [Symposium]. The Annual Convention of the Association for Psychological Science, Chicago, IL.
4. Muench, F. & **van Stolk-Cooke, K.** (June, 2016). *Real-Time Substance Abuse Data Analysis Using EMA*. Presentation at the annual meeting of the Society for Ambulatory Assessment, State Park, PA.
3. Muench, F. & **van Stolk-Cooke, K.** (December, 2014). *A Randomized Controlled Pilot Study Comparing Different Text Messaging on Reducing Problem Drinking*. [Symposium]. mHealth Summit, Washington, D.C.
2. Muench, F. & **van Stolk-Cooke, K.** (November, 2014). Building Engagement in Technology-Based Interventions for Drinking. In S. Scheuller (chair), In S. Scheuller (chair), *Understanding the Use of and Engagement with Behavioral Intervention*

Technologies for Mental Health. [Symposium]. The 48th Annual Convention of the Association for Behavioral & Cognitive Therapies, Philadelphia, PA.

1. Muench, F. & **van Stolk Cooke, K.** (December, 2013). *Understanding User Preferences to Develop Mobile Interventions*. [Symposium]. mHealth Summit, Washington, D.C.

CHAired SYMPOSIA

5. **van Stolk-Cooke, K.** [chair]. (2026, June 26-28). *Resilience in Context: Interpersonal and Collective Mechanisms of Social Support for Traumatic Stress*. [Symposium]. 11th World Confederation of Cognitive and Behavioural Therapies Congress, San Francisco, CA.
4. **van Stolk-Cooke, K.** [chair]. (2024, September 25-28). *The Social Contexts of Sexual Assault Recovery: Harnessing Social Support and Mitigating Social Risks After Sexual Assault*. [Symposium]. 40th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.
3. **van Stolk-Cooke, K.** [chair]. (2023, November 16-19). *Strengths Over Symptoms: Considering Indicators of Resilience Among Marginalized, Trauma-Exposed Groups*. [Symposium]. 57th Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
2. **van Stolk-Cooke, K.,** Kaysen, D. [co-chair]. (2022, November 27-20). *Development of Novel mHealth Interventions to Address COVID-19 Related Mental Health Impacts: Opportunities to Leverage Technology to Increase Access to Care*. [Symposium]. 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
1. **van Stolk-Cooke, K.** [chair]. (2022, May 31-June 3). *Beyond Mobile Apps: Alternative Technology-Based Interventions to Engage Trauma Survivors*. [Symposium]. 30th Annual Meeting of the Society for Prevention Research, Seattle, WA.

SELECTED POSTER PRESENTATIONS²

5. **van Stolk-Cooke, K.** (September, 2025). Psychometric Evaluation of the Revised Caregiving Appraisals Scale among Informal Caregivers of Trauma Survivors. Poster presented at the 41st Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
4. *Bayley, J., van Stolk-Cooke, K.* (September, 2025). Victim Blaming and Support Provision in Close Significant Others Posttrauma. Poster presented at the 41st Annual

² Total posters: 29. First-authored posters: 14. Student-authored-posters: 8.

Meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.

3. *Phillips, H., van Stolk-Cooke, K.* (September, 2025). Posttrauma Accommodation and Social Support Provision Experiences in Close Significant Others. Poster presented at the 41st Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
2. *Benjamin, L., van Stolk-Cooke, K.* (September, 2025). Examining Differences in Posttrauma Accommodation Behaviors across Survivors' Family, Romantic Partners and Friends. Poster presented at the 41st Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
1. *Sanchez, B., van Stolk-Cooke, K.* (September, 2025). Retrospective Examination of Posttraumatic Support Provision Experiences Among Close Significant Others. Poster presented at the 41st Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.

INVITED TALKS

5. **van Stolk-Cooke, K.** (September, 2024). *A Tool or a Brain? Promoting AI Literacy in Higher Education*. Talk presented as part of the AI and Pedagogy Faculty Roundtable for the 2024-2025 Ideas That Matter: Artificial Intelligence programming at SUNY College at Geneseo.
4. Kaysen, D., **van Stolk-Cooke, K.** (February, 2023). *Community Survey Training: Managing Negative Emotions, Stress, Distress & Suicidality in Research Participants*. Webinar presented for promotora (i.e., Spanish-speaking lay health worker) participants in A Promotora-Centric Community Collaborative to Improve Connections to Mental Health Services. National Institute on Minority Health and Health Disparities 1R01MD018201-01.
3. Kaysen, D., **van Stolk-Cooke, K.** (July, 2022). *When the Worst Happens: PTSD and Trauma Recovery*. Webinar presented for student participants in the Clinical Neuroscience Virtual Experience intensive summer program at Stanford University.
2. **van Stolk-Cooke, K.** (February, 2022). *Treating Trauma During COVID-19: Clinical Considerations*. Webinar presented for clinician participants in Telehealth 2.0: Evaluating effectiveness and engagement strategies for asynchronous texting based trauma focused therapy for PTSD. National Institutes of Mental Health 1RF1MH128785-01.

1. **van Stolk-Cooke, K.** (April, 2020). *Guiding Principles in Immediate Treatment of Trauma Sequelae During COVID-19*. Webinar presented to the Derner School of Psychology at Adelphi University, Garden City, NY.

TEACHING

Bard College

(PSY 141) Introduction to Psychological Science

Level: Undergraduate

Avg. Instructor Rating: [TBD]

Semesters: Fall 2026

(PSY 210) Adult Abnormal Psychology

Level: Undergraduate

Avg. Instructor Rating: [TBD]

Semesters: Fall 2026

SUNY College at Geneseo

(PSYC 390) Psychology of the Digital Everywhere³

Level: Undergraduate

Avg. Instructor Rating: 4.9/5

Semesters: Fall 2024, Fall 2025, Spring 2026

(PSYC 260) Introduction to Psychopathology

Level: Undergraduate

Avg. Instructor Rating: 4.9/5

Semesters: Fall 2023, Spring 2024, Fall 2024, Fall 2025, Spring 2026, Summer 2026

(PSYC 251) Introduction to Behavioral Research Methods

Level: Undergraduate

Avg. Instructor Rating: 4.9/5

Semesters: Fall 2023, Spring 2024, Fall 2024, Fall 2025, Spring 2026

The University of Vermont

(PSYS 1400) Introduction to Psychological Science

Level: Undergraduate

Avg. Instructor Rating: 4.5/5

Semesters: Summer 2020

³ Original course

(PSYS 3500) Introduction to Clinical Psychology

Level: Undergraduate

Avg. Instructor Rating: 4.5/5

Semesters: Spring 2019

(PSYS 3500) Introduction to Clinical Psychology

Co-Instructor: Kelly Rohan

Level: Undergraduate

Avg. Instructor Rating: 4.7/5

Semesters: Spring 2018

RESEARCH MENTORING

Summer 2026

Ashley Tubbs (rising senior)

Samuel Parrinello (rising senior)

Topics: crowdsourced data collection, data analysis, qualitative research design, manuscript preparation

Level: undergraduate, SUNY Geneseo

AY 2025-2026

Jilana Bayley (senior)

Hunter Phillips (senior)

Lydia Benjamin (senior)

Kayla Harry (senior)

Ashley Tubbs (junior)

Samuel Parrinello (junior)

Topics: multi-method data collection and analysis, poster creation and presentation, manuscript preparation and submission

Level: undergraduate, SUNY Geneseo

Summer 2025

Hunter Phillips (rising senior)

Lydia Benjamin (rising senior)

Topics: scientific writing, independent quantitative data analysis, qualitative research design and analysis

Level: undergraduate, SUNY Geneseo

AY 2024-2025⁴

Natalie Thurston (senior)

Benjamin Sanchez (senior)

Jilana Bayley (junior)

Lydia Benjamin (junior)

Hunter Phillips (junior)

⁴ Remote mentorship offered while on parental leave

Topics: multi-method data analysis, poster creation and presentation,
manuscript preparation and submission
Level: undergraduate, SUNY Geneseo

Summer 2024 Natalie Thurston (rising senior)
Benjamin Sanchez (rising senior)
Topics: crowdsourced data collection, data analysis, qualitative
research design, manuscript preparation
Level: undergraduate, SUNY Geneseo

AY 2023-2024 Natalie Thurston (junior)
Benjamin Sanchez (junior)
Jilana Bayley (sophomore)
Topics: lab development, multi-method data collection and analysis,
poster creation and presentation, manuscript preparation
Level: undergraduate, SUNY Geneseo

AY 2021-2022 Bailey Schoenberger, M.A.
Topics: manuscript writing and data analyses
Level: graduate, Palo Alto University
Kayli Cover, M.S.
Topics: dissertation data analyses
Level: graduate, PGSP-Stanford Psy.D. Consortium

STUDENT POSTGRADUATE RESEARCH PLACEMENTS

Rhode Island Resilience Lab, Brown University
Warrior CARE Lab, Wayne State University
TRANSFORM Research Center, University of Rochester
THINK Lab, Wayne State University

CLINICAL EXPERIENCE

LICENSES AND CERTIFICATIONS

2023 – present New York #025675-01

2023 – present National Certification in Cognitive Processing Therapy

CLINICAL POSITIONS

2021-2023 Clinician, Stanford University Outpatient Psychiatry Clinic
PTSD Clinical Team

2020-2021	Clinical Intern, Veteran's Affairs Palo Alto Healthcare System Rotations: Trauma Recovery Program, Addiction Treatment Service, Polytrauma Rehabilitation, National Center for PTSD
2016-2020	Predoctoral Clinician, Vermont Psychological Services (VPS) Specialty Services: Connecting Cultures, Anxiety Specialty Team
2016-2020	Clinical Evaluator, VPS Specialty Service: Evaluation Service
2017-2018	Clinical Supervisor, VPS

PROFESSIONAL TRAININGS

2025	Dyadic Longitudinal Data Analysis Instructors: Amie Gordon, Kate Thorson Location: Online
2023	Written Exposure Therapy Instructor: Debra Kaysen Location: Stanford, CA
2021	Prolonged Exposure Instructor: Jasmine Dobbs-Marsh Location: Stanford, CA
2020	Cognitive Processing Therapy Instructor: Debra Kaysen Location: Palo Alto, CA
2018	Acceptance and Commitment Therapy: 2 Day Intensive Training Instructor: Timothy Gordon Location: Burlington, VT
2015	Concurrent Treatment of PTSD and Substance Use Disorders Using PE Instructors: Sudie Back, Therese Killeen Location: Burlington, VT
2015	HOPE Works Sexual Violence Hotline Volunteer Training Instructor: Kiona Heath Location: Burlington, VT

2012 Motivational Interviewing for Substance Use
Instructor: Juline Koken
Location: New York, NY

SERVICE ACTIVITIES

PROFESSIONAL SERVICE

2025-2026	Geneseo Faculty Affairs Senate Committee
2025-2026	AAC&U Institute on AI, Pedagogy and Curriculum: Geneseo Campus Team
2024	Geneseo Academic Standards Committee Member
2023-2024	Geneseo Psych Club: Faculty Liaison
2021-2023	Stanford University Postdoctoral Association for Justice, Equity, Diversity & Inclusion (JEDI)
2021-2023	Stanford University Postdoctoral Association Teaching & Outreach Committee
2020-2021	Veteran's Affairs Palo Alto Healthcare System Diversity Committee

AD HOC JOURNAL REVIEWER

2026	Psychological Trauma: Theory, Research, Practice and Policy
2025	Journal of Homosexuality
2025	Psychological Trauma: Theory, Research, Practice and Policy
2025	Psycho-Oncology
2025	Journal of Studies on Alcohol and Drugs
2024	Journal of Studies on Alcohol and Drugs
2024	European Journal of Psychotraumatology
2023	Anxiety, Stress & Coping
2023	Veteran's Affairs Evidence Synthesis Program
2022	Academic Emergency Medicine
2021	Revista da Associação Médica Brasileira

REVIEWER FOR PROFESSIONAL MEETINGS

2026	World Confederation of Cognitive and Behavioural Therapies 11 th Congress
2024	International Society for Traumatic Stress Studies 40 th Annual Meeting

HONORS & AWARDS

2026	SUNY Geneseo Student Association AAC Professor Recognition Award
2026	SUNY Geneseo Proposal Writing Support Award

2025	SUNY Geneseo Faculty Travel Grant
2024	SUNY Geneseo Presidential Summer Faculty Fellowship
2024	SUNY Geneseo Pre-Tenure Faculty Research Support Grant
2023	SUNY Geneseo Pre-Tenure Faculty Research Support Grant
2023	SUNY Geneseo Faculty Travel Grant
2019	Graduate Teaching Assistant of the Year: Lecture Instruction Category
2018	University of Vermont Graduate College Mini Grant
2017	University of Vermont Graduate College Mini Grant
2017	UVM Budget and Personnel Committee Research Award
2016	ISTSS Research Methods Special Interest Group Poster Selection
2016	Ronald Suiter Prize
2015	Ronald Suiter Prize

MENTORED STUDENT AWARDS

2026	Hunter Phillips, Horylev-Tesch Outstanding Senior Award
2026	Jilana Bayley, Outstanding Research Contribution Award
2026	Lydia Benjamin, Donald DeMott Outstanding Community Service Award
2026	Samuel Parrinello, Geneseo Foundation Undergraduate Summer Fellowship
2026	Ashley Tubbs, Kyrwood Student/Faculty Research Endowed Fellowship
2026	Samuel Parrinello, Dean Johnston Student Research Assistantship Award
2025	Jilana Bayley, Geneseo Foundation Student Research Assistantship Award
2025	Natalie Thurston, Horylev-Tesch Outstanding Senior Award
2025	Benjamin Sanchez, Margaret W. Matlin Award for Diversity, Equity, and Inclusion
2025	Hunter Phillips, Geneseo Foundation Undergraduate Summer Fellowship
2025	Lydia Benjamin, Kyrwood Student/Faculty Research Endowed Fellowship
2024	Natalie Thurston, Geneseo Foundation Undergraduate Summer Fellowship
2024	Benjamin Sanchez, Kyrwood Student/Faculty Research Endowed Fellowship

PROFESSIONAL MEMBERSHIPS

2026 - present	World Confederation of Cognitive and Behavioural Therapies (WCCBT)
2022 – present	Society for Prevention Research (SPR)
2022 – present	Association for Psychological Science (APS)
2016 – present	American Psychological Association (APA)
2015 – present	International Society for Traumatic Stress Studies (ISTSS)
2013 – present	Association for Behavioral and Cognitive Therapies (ABCT)

MEDIA

PODCASTS

May 2, 2023

[Take Space to Make Space](#)

Episode: "PTSD from SA"

December 19, 2022

[The Care Café](#)

Episode: "An inside look into PTSD Recovery"

CV Updated: 05/15/2026