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Dr. SAYED JAFAR AHMADI, Psychologist, Ph.D

Research Scholar at Bard College, Annandale-on -Hudson, NY, USA.

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Education:

Certificate:	Field of Education	Place of Education	Years of Education
Doctorate (PH. D)	Psychology	University of Isfahan	2007-2012
Masters	Clinical Psychology	Azad Islamic University of Rudhen	2002- 2004
Bachelors	General Psychology	Isfahan University	1996-2000
Baccalaureates	Experimental Sciences	Imam Jafar Sadeq High School, Qum	1991-1995

Summary of job experiences

Job Title	Place	Duration
Associate Professor	Counseling Department, Kabul Education University	2022
Senior Researcher-Consultant	Monash University, Australia, Melbourne, METRA Project	2022
Senior Researcher-Consultant	Bedford Shier University, London, England, World Children Project	2022
Member of High Commotion of Research	Ministry of Afghanistan High Education	2022

Dr. Sayed Jafar Ahmadi ,
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Behrawan Organization Founder	Behrawan Research and Psychology Organization, Kabul	2015- Present
One Senior Technical Advisor	Hunter College-the City University of New York- Kabul University	2017-2018
Consultant	USWDP program- UMass	2018
Consultant	Afghanistan Holding Group	2015
Research Director and professor	Kateb University	2011- 2017
Senior Researcher- consultant	NCPR- Kabul University	2014-2020
Consultant and Trainer	Ministry of Public Health	2010
Senior Researcher	Afghanistan Human Right High Commission	2009
Research Manager	Isfahan Autism Center	2008
Consultant	Ministry of Afghanistan Education	2004

PUBLICATIONS

Peer-reviewed journal articles

Ahmadi SJ, Jobson L., Earnest A., McAvoy,D., Musavi Z., , Samim, N., Sarwary, S.A.A. (2022). Prevalence of Poor Mental Health Among Adolescents in Kabul, Afghanistan, as of November 2021. *JAMA Netw Open.* 2022; 5(6): :e2218981. doi:10.1001/jamanetworkopen.2022.18981.

Ahmadi, S. J; Musavi, Z; Jobson, L. (2022). Investigating the Feasibility, Acceptability and Efficacy of using modified Written Exposure Therapy in the aftermath of a Terrorist Attack on Symptoms of Posttraumatic Stress Disorder among Afghan Adolescent Girls. *Frontiers in Psychiatry, 13.*

Kaviani, H.; **Ahmadi, S.J.** (2021). A Cross-Cultural and Trans-Generational Study: Links between Psychological Characteristics and Socio-Political Tendency amongst Urban Population in Afghanistan. *Int. J. Environ. Res. Public Health* 2021, 18, 6372. <https://doi.org/10.3390/ijerph18126372>

Martha Bragin, Bree Akesson, **Ahmadi, Sayed Jafar.** (2021). Peace, Love, and Justice: A Participatory Phenomenological Study of Psychosocial Wellbeing in Afghanistan. *International Social Work.* <https://doi.org/10.1177/0020872820969781>

- Ahmadi, S. J**; Oriya, S; Ayubi, B and Musavi, Z. (2020). Effectiveness of Quality-of-Life Therapy on Subjective Wellbeing of Afghan Women. *International Journal of Innovative Research and Scientific Studies*, 3(4): 158-167
- Naghsh Zahra, Ebrahimi Ali Akbar and **Ahmadi, Sayed Jafar** .(2020). The effectiveness of marital relationship enhancement program on improving quality of traumatic couple's satisfaction, living in thirteen districts of kabul city. *Journal of Psychological Science*, Vol. 18, Issue 82, p 1111-1119.
- Ahmadi, S. J** ; Kajbaf M. B. ; Neshat Doost. H. T ; Dalgleish, T, Jobson, L & Mosavi, Z. (2018). The efficacy of memory specificity training in improving symptoms of post-traumatic stress disorder in bereaved Afghan adolescents. *Intervention*, 16 (3): 243-248
- Bragin, M. Akesson, B ,**Ahmadi, S. J.** and others (2018). Developing a culturally relevant counselling psychology degree programs in Afghanistan: Results from a DACUM, *Intervention*, 16 (3): 231-242
- Ahmadi S. J**, Gashool M, Safari T, Hemmatian M, Khalili Z. Effectiveness of the Use of Computers on Learning Prerequisite Mathematical and Cognitive Concepts in Children with Autism. *J Res Behav Sci* 2016; 14(1): 72-7.
- Ahmadi S. J**, Safary T, Arab Baferani H R, Hemmatian M, Khalili Z , Isfahan Center for Training and Rehabilitation of Autistic Kids. Effectiveness of role playing and Applied Behavior Analysis: Increases social behavior in children with autism. *J Res Behave Sci* 2014; 12(3): 351-359
- Ahmadi, S. J.**, Kajbaf, M. B., Neshat Doost, H. T. (2012). Efficacy of Trauma Focused- Cognitive-Behaviour Therapy on Symptoms of Post-Traumatic Stress Disorder (PTSD) in displaced war-exposed adolescents in Afghanistan: a comparison study of TF- CBT with psychological debriefing, *IJCRB journal*, 4 (5):
- Ahmadi, Sayed Jafar**; Kajbaf, Mohammad Baqir, Neshat Dost, Hamid Taher (2012). Effectiveness treatment of cognitive behavior on stress Post Traumatic Stress Disorder (PTSD) on Afghan affected youths. *The Research and Scientific Magazine of Afghan Tib*, Kabul Medical University.
- Ahmadi, Sayed Jafar**; Kajbaf, Mohammad Baqir, Neshat Dost, Hamid Taher (2011). Effectiveness of treatment of remembering behavior and cognitive on stress imbalances after incidents (PTSD) on Afghan affected youths (2011). *The Research and Scientific Magazine of clinical Psychology*, Semnan University,

- Ahmadi, Sayed Jafar;** Safari, Taiba; Hemmatial, Mansura; Khalili, Zahra (2011). Assessing psychological indicators of autism diagnosis (GARS). *Scientific and Research Journal of cognitive and behavioral sciences*, Isfahan University,
- Ahmadi, Sayed Jafar;** Safari, Taiba; Hemmatial, Mansura; Khalili, Zahra (2012). Effectiveness of Applicable behaviors on the symptoms of Autism children. *Magazine of behavioral sciences Research, Isfahan Medical University.*
- Kalantari, M., Yule, M., Dyregrov, A., Neshatdoost, H. T & **Ahmadi, S. J.** (2012). Efficacy of Writing for Recovery on Traumatic Grief Symptoms of Afghani Refugee Bereaved Adolescents: A Randomized Control Trial, *OMEGA--Journal of Death and Dying*, 65 (2): 139-150.
- Neshat Doost, H.T, DalGLISH. T., Yule, W., Kalantari, M, **Ahmadi,S. J.**, Dyregrove, A. (2012). Enhancing Autobiographical Memory Specificity through Cognitive Training: An Intervention for Depression Translated from Basic Science, *Clinical Psychological Science*, xx (x): 1-9.
- Raqib, Maedah Sadat; **Ahmadi, Sayed Jafar;** Sadat, Ali (2008). Analysis of Isfahan university Students spiritual intelligence and its relation with demographic specifications. *Scientific and Research Magazine, Research newsletter of disciplining psychology*; 8: 39-55.
- Raqib, Maedah Sadat; **Ahmadi, Sayed Jafar;** Sadat, Ali (2008). Assessing indicators of King's spiritual intelligence psychic. *Scientific and Research Magazine of psychological achievements (Shahid Chamran University, Ahwaz)*, 4(1): 141-164.
- Ahmadi, Sayed Jafar;** Noori, Abulqasim (2008). Psychology of Propagations. *Monthly Magazine of awareness raising, research and training of the preachers*; 108: -

Books

- Ahmadi, Sayed Jafar,** and Rezwani, Rohollah and Oria, Spozhmay (2021). *War Psychological Pathology and Its outcomes on Peace*, Kabul: National Research Policy, Kabul University
- Ahmadi, Sayed Jafar,** and Musavi, Zeinab. (2021). *A manual of Cognition and behavior Therapy on PTSD*. In Press.
- Ahmadi, Sayed Jafar,** and Musavi, Zeinab. (2021). *A manual of Grief reaction Counselling*. In Press.
- Ahmadi, Sayed Jafar,**. (2021). *Applied Researchs*. In Press.
- Ahmadi, Sayed Jafar,** and Musavi, Zeinab. (2021). *A manual of Cognition and behavior Therapy on PTSD*. In Press.

Ahmadi, Sayed Jafar, Amadi, Somieh and Musavi, Zeinab. (2021). *Frothy Girls (stories of girl student in terroristic Attacked on Sayed ul shohada, school*. In Press.

Ahmadi, Sayed Jafar, and Musavi, Zeinab. (2021). *How did I get better? Mourning Recovery Guide for Adolescents*. In Press.

Ahmadi, Sayed Jafar, and Rezwani, Rohollah and Ayubi, Bizhan(2017). *Effectiveness of Life Skills on Social Competency in students of Kabul University*, Kabul: National Research Policy, Kabul University

Ahmadi, Sayed Jafar (2016). *Applied Statistics*, Kabul: Kateb University press

Ahmadi, Sayed Jafar, and et al, (2016).*Assessing High Peace Council: Activities and Achievements*, Kabul: National Research Policy, Kabul University.

Ahmadi, Sayed Jafar, and et al, (2015). *Assessing Peace and Media relations*, Kabul: National Research Policy, Kabul University.

Ahmadi, Sayed Jafar, and Rezwani, Rohollah, (2014). *Life Skills*, Kabul, National Research Policy, Kabul University.

Ahmadi, Sayed Jafar, and Rezwani, Rohollah, (2014). *Assessing Peace and Job*, Kabul: National Research Policy, Kabul University

Ahmadi, Sayed Jafar and et al (2012). *Guideline for assessing GARS Autism, Persian Version*, Isfahan: Jihad Daneshgahi Press.

Ahmadi, Sayed Jafar, *Guideline for Scientific research*, (2011). Kabul: Chahar Dehi,

Ahmadi, Sayed Jafar, Saramad, Hossain (2010). *Causes of Women and Children Trafficking in Afghanistan*, Kabul: Independent Commission of Human Rights of Afghanistan.

Invited publications

Ahmadi, Sayed Jafar and Carter J. Carter (2021). *NAMES WITHHELD: From Afghanistan*. Room. New York.

Edited volumes

Proprietor and Managing Director of *Development of Behavioral Sciences Journal* (2009-2012)

Manager and Editorial Board of *Kateb Journal* (2015-2017).

News articles

Factors Affecting Violence Against Women in Afghanistan (2010). 8 Sobh Newspaper
Psychology of Violence and Terror (2010). 8 Sobh Newspaper.

Book Chapters

Ahmadi, Sayed Jafar,(2013). *A Guideline for prosecutors on women as violence victims*, Human Rights and Elimination of Violence Organization.

Ahmadi, Sayed Jafar (2013). *Psychological Assessment of Elimination of all forms of Violence against Women Law*, Qaba Foundation.

Ahmadi, Sayed Jafar (2010). *Guideline for Designing and training life skills*, Isfahan: Jihad Danseshgahi

Lecturing in Conferences and Meeting

Ahmadi, S. J. (12. 2021). Psychological Interventions for PTSD. Crisis Counseling meeting (Webinar). University of Shaheed Beheshty, Tehran, Iran.

Ahmadi, S. J. (12. 2020). Trauma and Peace. Research Report Meeting. University of Kabul University, Kabul, Afghanistan.

Ahmadi. S. J. Ayubi. B, Fateh. M. A. and Musavi. Z. (2018). A study on suicidal thoughts among Afghan Women: Is there a relationship between family conflict, domestic violence and suicide rate? *3rd International Conference on Counseling and Clinical Psychology*, Singapore

Sedighi.s; Karimi.B. A; Akbari.S and **Ahmadi.S.j.** (2018). Experiences of Afghan Counseling: A Discussion of Successes and Challenges in Addressing the Psychosocial and Mental Health Concerns of the Afghan People, *3rd International Conference on Counseling and Clinical Psychology*, Singapore

Ahmadi, S. J., Kajbaf, M. B., Neshat Doost, H. T. Dagleish, T., Jobson, L. (2017). The efficacy of Memory Specificity Training in improving Symptoms of Posttraumatic Stress Disorder in Bereaved Afghan Adolescents , *15th European Congress of Psychology*, Amsterdam, Netherlands.

Kaviani, H., Kiman. G and **Ahmadi, S. J.** (2017). A cross cultural and trans-generational study: Links between psychological characteristics and socio-political tendency in Afghanistan, The 40'th Annual scientific Meeting of the International Society of Political Psychology, Edinburgh, Scotland.

Ahmadi, S. J., Kajbaf, M. B., Neshat Doost, H. T. (2012). Effectiveness of Specific Recall Training (New Technique) on the Symptoms of Post-Traumatic Stress Disorder (PTSD) of Bereaved Afghan Adolescents, *Psychological Congress in Cape Town*.

Ahmadi, Sayed Jafar, (2008). Assessing couples' satisfactions and couples relationships. Presented in the General seminar of Family and Marriage, *Shahr Kord University*.

Ahmadi, Sayed Jafar, (2009). From the Wave to Wave: A debate on spiritual elligence and spiritual life; Presented in the national Seminar of Meaningfulness of the life, Isfahan, *Isfahan University*.

Ahmadi, Sayed Jafar, (2009). Unethical writing and Media. Presented in the Seminar of religion and media in Kabul.

Participation in the Workshops and Skills acquired

1. Pass a training course about E Learning (2020).
2. Pass a training course about design and development of curriculum in Wilfrid Laurier University of Canada-2018
3. Participated in the exchange program of the City University of New York in Cairo- Egypt (15- 20 Aguste 2018).
4. 3. Participated in the exchange program of the City University of New York in Delhi (o4- 20 Jan 2018).
5. 3. Participated in the International workshop about Nonviolence Communication in Nepal (2015).
6. 2. Assessing and diagnosing imbalances of Stress after the road incidents in Germany hospitals (2006).
7. 3. Participated in the Workshop of International Seminar of mental-physical disorders, Isfahan Medical Sciences, 2007.

8. 4. Case story treatment, Workshop conducted in the National Seminar of Meaningfulness of the Life, 2009.
9. 5. Application of CBT on disorder, coercion, conducted by the National Psychological Association of Iran, 2009, Tehran. Office of Iran Psychology Association.
10. 6. Trainers Course on the Life skills, Workshop conducted by the University Students Consultancy Center of the Ministry of Sciences and Welfare Organization, 2009.
11. 7. Trainers Course on Preventing Addiction, Workshop conducted by the Counter Narcotics Organization and Tehran University Consultancy Center, 2010.
12. 8. Quality of life treatment. Workshop conducted by the House of the Family Culture, 2009.
13. 9. Workshop of Pharmacy Technician, Conducted by Isfahan Jihad Danishgahi, 2001.

Academic and research Activities

1. Leading the Word Child project (Cooperating with Bedfordshire University)- Now
2. Leading the Word METRA project (Cooperating with Monash University)- Now
3. Leading research about Quality-of-Life Therapy on Wellbeing in Afghan Women
4. Senior Technical Advisor in Kabul University – Counseling Department (Partnership of Hunter College-the City University of New York/ Research Foundation, CUNY)
5. Research Consultant at University Support and Workforce Development Program (USWDP)/ University of Massachusetts
6. Director of research center in kateb university (2015-Oct 2017)
7. Founder and Chief in editor of Specific and scientific magazine of Development of Behavioral Sciences from 2008
8. Manger and Implementer of the Projects of the Causes of Trafficking Women and Children in Afghanistan. Afghanistan Human Rights Commission, Kabul, 2000-2001.
9. Manager of Research Department for Autism of Isfahan University from 2009-2013.

10. Manager of Psychology of educational sciences of Isfahan University Jihad Center.
11. Founder and Manager of Behravan Scientific and research Organization, Qum.
12. Founding member of Behavioral Sciences Company, Sajad Qum.
13. Representative of MoE on Afghans self-running Schools in Qum.
14. Manager of Imam Jafar Sadiq High School, Qom.
15. Researcher of Kabul Research Center- Project of the Role of employment in peace and assessing the relocations between social protection and Media (scale of watching TV) and assessing the performance of the High Peace Council.
16. Researcher in Qoba Foundation, Project of Psychological assessment of Prevention of all types' violence against women.
17. Member of the Academic Board of Maarefat High School.
18. Founder and Chief of Research and Psychological services of Behravwan, Kabul.

Conducting Training Workshops

1. Conducted SPSS for Aqa Khan Foundation (2020).
2. Conducted Trauma Healing and Psycho- Social support training for YHDO (2020).
3. Conducted Psycho- Social support training for Relief Organization (2020).
4. Conducted supervision and coaching program for YDHO (2020).
5. Conducted SPSS for instructors in Afghanistan High Education ministry (2020).
6. Conducted SPSS for instructors in Shaheed Rabbani Education University (2020).
7. Conducted Learning base on outcome for instructors in Shaheed Rabbani Education University (2020).
8. - Conducted SPSS for instructors in Shaheed Rabbani Education University (2020).
9. Conducted Research Methodology for instructors in Afghanistan High Education ministry (2019).
10. Conducted trauma healing for Goharshad University students (2019).
11. Conducted Cognition- Behavioral Therapy in Youth and Health Development Organization (2020).

12. Conducted Resiliency and Trauma Crisis management, Counseling technics, Research methodology for Psychologist in Behrawan Research and Psychology Services Organization (2015- 2020).
13. Conducted SPSS for instructors in Kateb Universty University (2020)
14. Conducted SPSS and Applied statistics for Afghan Holding Group (2016).
15. Conducted methods of psychotherapy for traumatized women and children for Afghan Women Skills Development Center (2016).
16. Conducted SPSS and Applied statistics for Roshan Communications Company, 2015.
17. Conducted Workshop on life skills in Kabul University- 3 periods, 2014.
18. Conducted Workshop on Life skills for university instructors of the provinces, 2014.
19. Conducted Methodologies for Research Questionnaires in Beta Center, 2014.
20. Conducted Research Methodology, Development and organizing thesis in Kabul Medical University, October, 2010,
21. Conducted Research Methodology, Development and organizing thesis in jumhoriat Hospital, Kabul, October, 2010.
22. Conducted Research Methodology, Development and organizing thesis in Isteqlal Hospital, Kabul, October, 2010.
23. Conducted Research Methodology, Development and organizing thesis in Indira Gandhi Hospital, Kabul, 2010.
24. Conducted Research Methodology, Development and organizing thesis in Wazir Akbar Khan Hospital, Kabul, 2010,
25. Conducted Research Methodology, Development and organizing thesis in Malalai Hospital, Kabul, 2010,
26. Conducted Research Methodology, Development and organizing thesis in estemethalogy Hospital of Rabia Balkhi, Kabul,
27. Conducted Research Methodology, Development and organizing thesis in Noor Hospital, Kabul
28. Conducted Research Methodology, Development and organizing thesis in Mental Health Hospital, Kabul
29. Conducted Communication Skills for university students in Isfahan University Consultancy Center, 2009.
30. Conducted Training Workshop on life skills in Isfahan Jihad Danishgahi, 2010.
31. Conducted Workshop on applying CBT in mental disorders, Crisis management and interviewing diagnosis, Heart Mental Health Clinic, 2010.

32. Conducted Workshop on research methodology in Afghanistan National Democratic Institute, 2002.
33. Conducted fundamental and Advanced SPSS in Beta Center.

Teaching and Training Activities

1. Touch Statistics and Criminal Psychology, at master's level in Kateb University (2011- 2020).
2. Touch Criminal Psychology, at master's level in Avesina University (2015-2020).
3. Touch Behavior Sciences in Chirag University (2019).
4. . Touch Educational Research Methodology at master's level in Rabbany Education University (MELM Program)- 2017
5. Taught Psychology at Masters Level in Jamatul Mostafa University, Kabul, 2010.
6. Taught General Psychology and Writing Principles in Goharshad Institute of Higher Education, 2010-2011.
7. Taught development psychology in Kateb University Kabul, 2011.
8. Taught General Psychology, Motivation, labor psychology and advising in Institute of Higher Education of Amin Fulad, 2009-2010.
9. taught Development Psychology, Life skills, crisis management in Jihad Danishgahi of Isfahan, 2009.
10. Taught research Methodology and Statistics in Khatamul Nabeen University, 2012.
11. Taught Statistics in Goharshad Institute of Higher Education, 2012.
12. 10. Taught Statistics for Masters Students, Kateb University, 2014-present.
13. 11. Taught Statistics for Masters Students, Payam Noor University, 2014-present.
14. 12. Taught Social Psychology, and Criminal Psychology Kateb University, 2014- present.
15. 13. Taught Political Psychology, Goharshad Institute of Higher Education, 2015.

Counselling Activities

1. Counselor in the Behrawan Research and Psychology Services Organization, 2015-2021
2. Counselor in the Consultancy Center of Isfahan University, 2009-2010.
3. Counselor in Shohada Organization as Data Manager, 2015

4. Counselor in Afghan Holding Group as Data Manager, 2016
5. Counselor in the Consultancy Center of Isfahan Jihad Danishgahi , Isfahan University, 2009-2010.
6. Counselor in the Training Center of Isfahan Autism, 2009.
7. Counselor in Saf Counselors Center, 2009.
8. Counselor in Goharshad Institute of Higher Education, 2011.
9. Counselor of Ahle Bait High Scholl, Qom, 2013
10. Counselor of Kateb University, 2013
11. Founder and Counselor of Beta Center,
12. Founder and Counselor of Behravan organization.
13. Counselor of Goharshad High Education, 2013

Media

1. my activities (Crisis Interventions) links in International Media:

Roiters: <https://www.facebook.com/1569310469988480/posts/2834150266837821/?app=fbl>

BBC: <https://fb.watch/5ISBahfZtx/>

ATN: <https://www.facebook.com/1569310469988480/posts/2824412844478230/?app=fbl>

Ettelat Roz: <https://www.facebook.com/1569310469988480/posts/2818589125060602/?app=fbl>

DW: <https://www.facebook.com/dw.dari/videos/854457978751854>

2. Some programs on Afghanistan T.Vs:

- Arezoo TV- Introduction of Counselling system :
<https://www.youtube.com/watch?v=X8vPqb16QFY>
- **Sputnik-covi19:**
<https://www.facebook.com/sputnik.af/videos/230897638566870>
- **BBC-covid19** <https://www.bbc.com/persian/afghanistan-52385561?fbclid=IwAR2o5SQTcViARylNW56f3-Alp6RcdpJ0kd-SYkvw61xuJ6dBcbbpg7ufpvw>
- **BBC- Autism**
<https://www.facebook.com/bbcpersian/videos/602116103631069/>
- **Toloo- about Ghani:**
<https://www.facebook.com/watch/?v=1739359996384005>
- **Cheragh Medical TV- Psychology**
https://www.facebook.com/watch/live/?ref=watch_permalink&v=1842900095731903

3. Psychological Skills to deal with Coronavirus

- Experiences: <https://www.bbc.com/persian/afghanistan-52385561>
- Psychological preparations: <https://youtu.be/Xi5XbpYDEQ8>
- Cheche out less News and Reports about corona: <https://youtu.be/3mOhbKnCDNA>
- Acceptance and Positive Thinking: <https://youtu.be/PiMAWvGcbM0>
- Fun, Imaging <https://youtu.be/qFn4iBkL0ME>
- Happiness at home: <https://youtu.be/38AVTRllpJI>
- Relationship between Body and Psyche: <https://youtu.be/kjFsqWQm2AQ>
- Sport to Stay Healthy: <https://youtu.be/FJ7ru6knP-A>